

3rd Annual PIKE FEST 5K

SATURDAY, SEPTEMBER 14, 2019

8:00 AM START

BETHLEHEM PIKE

SPRINGHOUSE, PA

DESCRIPTION: Accurately measured, beautiful course through Lower Gwynedd starting and ending at **Born To Run, Inc.**, 1005 N. Bethlehem Pike, Spring House, PA. Families, strollers, dogs on leash and all ages welcomed.

AWARDS: Overall male and female, plus top 3 M/F age group awards: 1st, 2nd, 3rd u15, teens, 20's, 30's, 40's, 50's, 60+.

RACE AMENITIES: 100% Soft Cotton T-Shirt, **Free Raffle**, Professional Timing, **Entertainment & DJ**, Food & Drink provided.

ENTRY FEES: Pre-Registration by Sept. 4 (shirt guaranteed). \$20 ADULTS 15 & Over. \$15 YOUTH 14 & Under **AFTER 9/4 and INCLUDING RACE DAY:** (shirts not guaranteed) \$25.00 Adults 15 & Over. \$20.00 Youth 14 & Under **MAKE CHECK FOR BORN TO RUN INC.**

Mail to: Born To Run, Inc., PO Box 854, Spring House, Pa. 19477

On-Line registration: www.pretzelcitysports.com (nominal service fee applies)

Packet Pick-Up at Born To Run, 1005 N. Bethlehem Pike, Springhouse, 19477 from 10-6 on Friday, Sept. 13

CONTACT: Hilary Goodman | (215)-641-0410 | Hgood85@aol.com

Visit www.lowergwynedd.biz for course maps and directions to the start.

ENTRY FORM

Name _____
ADDRESS _____ CITY _____
STATE _____ ZIP _____ EMAIL _____ MALE _____
FEMALE _____ DATE OF BIRTH _____ AGE ON RACE DAY _____
PHONE _____ **ADULT T-SHIRT SIZE:** S _____ M _____ L _____ XL _____
YOUTH T-SHIRT SIZE S _____ M _____ L _____ XL _____ **FEE ENCLOSED \$ _____** (Checks payable to Born To Run, Inc.)

Waiver and Release: I, the undersigned (over age 18) intending to be legally bound, do hereby waive and release all rights, claims, demands and/or causes against Born To Run, Inc. and all other race sponsors for any personal injury I might sustain during the race, immediately known to me or hereafter discovered and for any and all other damages or losses which I might incur now or in the future arising from or out of my participation in this race, and on my travel to and from this race. I verify that I am physically fit and have trained sufficiently. Permission is granted to use my photograph and name for all purposes.

Signature _____ Date _____