

Pretzel City Sports presents the 8th annual

“HumBug Bustle 5k”

Sat, Dec 21, 2019 10 AM

Trooper Thorn's Irish Beef House, Rt. 10, Reading, PA

"Pretzel City's present to those that must race every weekend"

Ever try to find a race on the weekend RIGHT before Xmas?? Well, we have & there are less races on that weekend than there are Virgins in Virginville; in other words, practically none! And many people like to race every weekend and ESPECIALLY close to the holidays to offset MEGA-consumption of eggnog, cookies and Christmas-colored Hershey kisses. So, 8 years ago, Pretzel City Sports created this memorable 5k so that runners had a reason to be tired from something other than shopping. Plus, it's our last chance this year to get together at Trooper Thorns and wish our fellow runners a Happy Holiday while holding a free brew in our hand. Come join us for the start of the week when Santa comes & gives us loads of presents, peace on earth & mind-boggling levels of credit card debt.

LOCATION: Trooper Thorn's Irish Beef House, 451 Morgantown Rd. (Rt 10), Reading, (1/2 mile south of Lancaster Ave exit of the Rt. 422 Reading Bypass-go left at Queen City Diner). Reg. opens at 9 AM in Troopers. Race is on Thun RailTrail behind Troopers, almost road-like. Clock at finish, light refreshments, instant results, great meals available for purchase, loads of street parking, etc. **1 FREE BEER WITH EACH ENTRY!** Award for best Christmas-themed attired Male and Female. Walkers more than welcome.

AWARDS: 1st male & female plus top 3 Males & Females in the following: 0-14 15-19 20-29 30-39 40-49 50-59 60-67 68-74 and 75+ (2 deep in this last category) Award for best Xmas-themed attired M & F

ENTRY: \$24 if postmarked by Tues, 12/10/19 includes long sleeved shirt & a free beer with entry. After that, \$30 up to and including raceday while shirts last, \$23 afterwards. Held rain, shine, snow or snow on ground. No refunds, mailed shirts or awards. Insurance by R. R. C. A. Limited number of extra shirts ordered so **PREREGISTER!**

Optional Online Reg on www.pretzelcitysports.com until midnight, the Wed of race week (nominal service charge applies)

Make check payable to "PRETZEL CITY SPORTS". Send check & form below to: Pretzel City Sports, 112 W. 36th St, Reading, PA 19606 Race Director: Ron Horn: (610)779-2668 rhornpcs@aol.com (best way to contact)

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Sex: M F Age on Race Day: _____ Date of birth ____/____/____ Long sleeved Shirt Size: S M L XL 2X

Email: _____@_____ Already get Run Update emails? __ Yes __ No

Phone: (____) _____ __A.M? __ P.M.? __BOTH?

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind or nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date ____/____/____

Humbug application may be duplicated.

App also available at www.pretzelcitysports.com