



**GOODWILL FIRE CO., NO 1,
PORT CARBON, PA
1st Annual 5K**

**Saturday, October 26, 2019
9:00 AM Start**

LOCATION/REGISTRATION: Registration, start and end at Port Carbon Fire Company, 88 Washington Street, Port Carbon, PA 17965. Registration Opens at 8:00 AM Race starts at 9:00 AM for walkers and runners. Race is held rain or shine. Pre- Packet pick up 10/25/19 5pm-7pm at Port Carbon Fire Company, 88 Washington Street, Port Carbon, PA 17965

AMENITIES: T-shirt to the first 100 registrants along with a goodie bag. Refreshments for finishers. Fire Company fall festival will be taking place in the same area. Results on www.pretzelcitysports.com in 1-2 days.

AWARDS: 1st Overall Male & Female winners, plus top 3 male and female in: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Need to be present for awards, awards will **not** be mailed.

ENTRY: \$25 each if registered by Oct. 12th, after that date including race day \$30.

Optional Online Registration Available at <https://www.pretzelcitysports.com/online-registration/>

MAIL CHECK PAYABLE TO Goodwill Fire Co., No. 1, 88 Washington Street, Port Carbon, PA 17965
Questions Please call 570.628.3012 or email: pcf5900@gmail.com

Proceeds are benefiting the Goodwill Fire Co., No 1

.....**Please Print Clearly**.....

Last Name: _____ **First Name:** _____

Address _____

City/State _____ **Zip** _____ **Race day age:** _____ **Date of Birth:** _____

Sex: M F **Phone:** _____ **Email:** _____

Shirt Size (circle one): S M L XL XXL **Circle One:** 5k Runner 5k Walker

WAIVER: I know that running a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, **Goodwill Fire Co., No 1** and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. **I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)**

Signature _____ **Date** _____