

# "UGLY MUDDER"

13K TRAIL RUN, READING, PA

SUN, FEB 23, 2020 -- 10 A.M. -- NO ENTRY LIMIT

Unfortunately, there are people out there that looked like they were set up for a beautiful, carefree future when suddenly, "things turned ugly". Take Brian Dunkleman. Brian's face was plastered across millions of TV sets as the "co-host" of American Idol - Season 1. At the end of the season, he was canned. Today, the remaining host Ryan Seacrest sits at home counting all his gazillions of dollars while Brian is working as an Uber driver in LA (true fact!). And what about Andrew Ridgely? He and George Michael were the fresh faced boys that made up the group WHAM! George went on to make the hearts of millions of women (and men) flutter when he went "solo". Andrew last cut a single in 1990 and it BOMBED! And imagine the surprise on Mary Wilson and Cindy Birdsong's faces when Diana Ross said that she was leaving the Supremes. After 1 or 2 minor hits, they disappeared, reappearing occasionally over the years as 70+ year old performers in an "oldies" show and also in front of you in line at Target, as they try to get the cashier to accept expired coupons for tuna. The same thing happened to most of the trails used in the Ugly Mudder. Once, they were bucolic hiking trails used by courting couples, families with kids, dog walkers, etc. And then heavy storms took away their topsoil, lack of use resulted in wild indigenous plants growing across the path, erosion left huge gullies in them that twist ankles and make them unsuitable for biking, etc. And what we have left are trails that are so misshapen and un-navigable that they can ONLY be used for the Ugly Mudder. The Ugly Mudder is a mishmash of ups & downs, fallen logs, debris, rocks & roots, discarded household items, deer poop and urban relics. To offset this misery, Pretzel City Sports provides a bunch of "perks" at the event including a great post race party with a free breakfast, funny signs on trail to ease your pain, unusual aide stations with equally unusual beverages, cold volunteers that will treat YOU even "colder", great course markings & other niceties that has made this, on several occasions, one of the 5 largest rustic trail runs in the entire country & the largest East of the Mississippi. In fact, annually, 99.9% of its participants live to run another day so how hard can it be? Come join the 250-400 people each year that REFUSE to let ankle deep snow, sub-zero temps and a few rocks & roots turn them into mega-weenies, candybutts or, worst of all, "Bachelor/Bachelorette Fans". **LEGAL B.S: You RUN AT YOUR OWN RISK & you alone are responsible for your welfare at all times while racing!!** You SHOULD finish this race unscathed other than from frostbite & snot frozen to your face. But if you DO get a boo-boo, crawl to an aide station so we can pick you up in a warm car. You WON'T get lost; it's marked that well! But if you STILL manage to do so, ask someone how to Uber to Stokesay Castle; the finish is right next door. Since this is a mid-level challenge, people discouraged from coming are 1) those under 18 (15-17 yr olds OK with parent present-14 or below MUST have someone run with them) 2) anyone, other than a current employee, who will miss K-mart and 3) people who religiously "eat clean" because we ALL need Oreos and they're about as far from "clean" as a food group can be. And also DAMN yummy!

**REGISTRATION/ENTRY:** Reading Liederkrantz German Singing & Sports Club, 140 Spook Lane (off of Hill Rd), Reading, PA (same place as most PCS events). **Reg. opens at 8:45 a.m., race at 10.** Fee is \$34 w/ long sleeve cotton shirt if postmarked by Mon, Feb 10. Afterwards, \$40 while shirts last (inc. day of race), \$34 when gone. FEW extra shirts are printed than those ordered by prereg entries! If you fail to pre-enter, the only way people will know that you're dumb enough to enter this race is by the scars and bruises they'll see once swim suit season arrives. Even if you register in the post-reg period but before raceday, you're almost surely get a shirt of your preferred size (on-line reg on the pretzelcitysports.com site will close at Midnight of the Wed before the race). No refunds, no mailed shirts or awards; no whiners, no crybabies & no one that thinks that snow half way to your butt crack (as in years past) constitutes un-runnable conditions. 'Cause we proved that it can be run in, just REALLY slowly! ATM on site; usually works. **If it is the least bit wet or muddy, bring extra shoes for inside! 'Cause if we" trash" the floor, we have to pay extra for the venue.**

**YOU GET:** Long sleeve cotton shirt with a memorable design, hot breakfast, indoor reg. & toilets, post-race munchies, WELL marked course, 2 water stops, finish place posted immediately & results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) on the

first business day after the race, unique aide stations & other surprises not yet finalized. Breakfast tickets can be bought at registration for your peeps! Suds/chilled Jägermeister/strange Germanic liquors available for purchase.

**AWARDS:** M & F 1<sup>st</sup> and 2nd Overall +: 0-29: 3M, 3F 30-39: 4M, 4F 40-49: 4M, 4F 50-59: 4M, 4F 60-67: 4M, 2F 68+: 2M, 1F Clydesdales: 3M, 3F Clyde Weight Minimums: 210 for men, 160 for women.

**BAD WEATHER:** We race in & on rain, ice, snow, bitter cold and frozen digits, so the chance of postponement is SUPER-slight! If we DO have suspect conditions, check [www.pretzelcitysports.com](http://www.pretzelcitysports.com)'s home page or call 610-779-2668 after 6 AM raceday ONLY if roads are pretty much impassable that day (not just a little “sub-par”). **If postponed, an email will be sent to all runners on our eblast list too, the minute we make a decision but if we only have your work email or if you unsubscribed in the past, you're screwed because you won't get that email. If postponed, it will be held on THE FOLLOWING SUNDAY, same time, same place, better weather.**

**GPS/TOMTOM/MAPPING APP INPUT:** 143 Spook Lane, Reading, PA 19606 or “Spook Lane & Hill Rd” or “Hill Rd & Glen Rd”. Next to Stokesay Castle, one of Reading’s better known landmarks

As noted earlier, you are responsible for your welfare & getting back to the start/finish!! You WON'T get lost but on the off-chance you get a little confused, we DON'T look for lost runners; find your own way back! Retrace your steps to get back on trail or call an off-road Uber; if there isn't such a thing, there should be!

**Registration on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) not required but always encouraged!**  
(small service fee applies, closes at midnight on Wed the week of the race)

Insurance Provided by Road Runner Clubs of America (R.R.C.A.)

Check Payable to & mailed (with waiver) to: Pretzel City Sports, 112 W. 36th St., Reading, PA 19606. Ugly Head: Ron Horn, [rhornpcs@aol.com](mailto:rhornpcs@aol.com), [www.pretzelcitysports.com](http://www.pretzelcitysports.com) or 610-779-2668 (but not during Survivor, Amazing Race or any Eagles game (inc. post-game commentary)). Normal Office Hours: M-F 8 am till 4 pm. Often here other hours too.

“UGLY” trails? YES! “UGLY” printing on this form? NO! \*\*\* Ugly Mudder App May be duplicated\*\*\*Sign waiver below

First name \_\_\_\_\_ Last name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Sex: M F Race day age: \_\_\_\_\_ Date of birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
(must be 18 or more)

Long Sleeve Cotton Shirt Size: XS S M L XL 2X Phone: (\_\_\_\_) \_\_\_\_\_ A.M. or P.M. ? (circle one or both)  
(circle one- XS requests are based on manufacturer availability. If not available, will receive a S)

Email: \_\_\_\_\_@\_\_\_\_\_ Already Get Run UpdateEmails? \_\_\_\_ Yes \_\_\_\_ No  
(if checked regularly)

Clydesdale: \_\_\_\_\_ Yes \_\_\_\_\_ No Clydesdale/Clydette Weight Minimums: 210 for men, 160 for women.

**WAIVER:** I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic, hazards, debris and poor footing on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather, getting lost, wildlife & insect attacks and all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, all municipalities in which the event is held, the race director, course officials, all other organizations directly or indirectly associated with the race, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. BY SIGNING THIS, I ATTEST THAT I HAVE READ AND UNDERSTAND THIS WAIVER :

Signature \_\_\_\_\_

date \_\_\_\_ / \_\_\_\_ /20 \_\_\_\_