

UGLY SWEATER XC 5K RUN/WALK & 1 MILE FUN RUN

December 7, 2019

www.LancasterCountyXC5k.com



Like Us on  @UglySweaterXC5k

LOCATION: Landis Run Intermediate School (25 Blue Streak Blvd., Lancaster, PA 17601)

COURSE DESCRIPTION: This rolling Cross Country course is predominantly grass and dirt terrain.

AWARDS: Cash prize for Top 3 Overall Male and Female finishers. Prizes for Top 3 finishers in each division.

RACE FEES	Early Registration (thru 11/15)	
	5k Race / Walk	\$20
	1M Fun Run	\$12
	Late Registration (after 11/15)	
	5k Race / Walk	\$25
	1M Fun Run	\$15
	Day of Race Registration (12/7)	
	5k Race / Walk	\$30
	1M Fun Run	\$15

TIME	Registration	8:30 – 9:30 AM
	5k Race / Walk	10:00 AM
	1M Fun Run	10:45 AM
	Awards	11:00 AM

COMMUNITY OUTREACH: Help us support the **Power Packs Project** and their “Protein Drive” which supplies nutritious weekend meals for students in need within our community. *Please bring 16 oz Peanut Butter, 12 oz Canned Tuna or 10 oz Canned Chicken to donate.*