

## THE VIRTUAL RUN

Not in town to run? We have a great option for you. For those who can't make it to Lower Perkiomen Park, but still want to support the cause, you can participate in the "Virtual" Run! Register to complete a 5K on your own time and we'll ship the raceday packet and shirt to you so you too can receive the thrill of sharing joy with others.

More information on the virtual run is available at [thesharejoyrun.org](http://thesharejoyrun.org).



*Thanks to our sponsors, 100% of the net proceeds from the ShareJOY Run are donated. There are no solicitor or consulting fees.*



### NOVEMBER 30 AT 10 AM

This event is open to runners and walkers of all ages. Awards given to top three boys/men and girls/women in each age category (12 and under, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+) and top male and female overall.

### REGISTER AT [thesharejoyrun.org](http://thesharejoyrun.org)

Register for either the 5K run or the 1-mile fun walk and receive a gift bag and T-shirt.

**\$30** | By Nov 9 // gift bag and T-shirt  
After Nov 9 // gift bag (T-shirt while they last)

### DONATE ANYTIME

[thesharejoyrun.org](http://thesharejoyrun.org)

Every dollar helps. Our sincerest thanks!

### LOCATION

Lower Perkiomen  
Valley Park  
101 New Mill Road  
Oaks, PA 19456

The event will be  
officially timed by:  
Pretzel City Sports

### HOSTED BY

Valley Forge Baptist  
[valleyforgebaptist.org](http://valleyforgebaptist.org)

Printed on 100% PCW Recycled Paper



## 5K RUN AND ONE MILE FUN WALK

NOVEMBER 30 2019

