

Wilson Wrestling Booster Club presents:

Wilson Tough Turkey 5k

& Kids 1 Mile Fun Run

Sunday, Nov 24, 2019 9:00 A.M

"A Hybrid Trail/ Road Run"

LOCATION: Shiloh Hills Elementary 301 Sage Dr, Sinking Spring 19608. Register/ number pickup opens at 8:00 a.m. 5k starts at 9:00 a.m., 1 Mile Kids Fun Run at 9:45

COURSE: Professionally timed by Pretzel City Sports. Wheel measured course on mostly shaded trails with short road portion. Clock at finish, refreshments, mile markers. Rain/snow or shine. No refunds or mailed awards.

AWARDS: 1st overall M & F. 1st Youth, Jr High & High School Wrestler, Cheerleader, & Coach, plus; 14 & under: 3M, 3F 15-19: 3M, 3F 20-29: 3M, 3F 30-39:3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60+: 3M, 3F

Kids Fun Run will do part of the trail course. They will not run on the road portion

ENTRY: 5k & Kids Fun Run: \$25 if postmarked by Nov 9, 2019 incl. guaranteed LONG sleeve shirt. Afterwards, incl. race day, \$30. (shirt not guaranteed)

Special family pricing \$45 fee for one family household. (one shirt per household) Only available on mail in apps. All family members must complete an application and sign the waiver.

Optional Online Registration available at www.pretzelcitysports.com (Nominal processing fee applies, closes at midnight, the Wed. of race week).

DIRECTIONS FROM NORTH OF READING: Take 222S toward Reading. Exit at Gouglerstown, right turn onto Mohns Hill Rd, right onto Chapel Hill Rd, right onto Goose Ln, Left onto Sage Dr, School is on the left.

DIRECTIONS FROM SOUTH OF READING: Take 222N toward Reading. Exit at Gouglerstown, left turn onto Mohns Hill Rd, right onto Chapel Hill Rd, right onto Goose Ln, Left onto Sage Dr, School is on the left.

RACE DIRECTOR: Jim Demsco jdemsco@gmail.com

MAKE CHECK PAYABLE TO "Wilson Wrestling Booster Club"
MAIL CHECK & FORM BELOW TO: Pretzel City Sports 112 W 36th St Reading 19606.

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K Fun Run (10 & under) Sex: M F Race day age: _____ Date of birth ____/____/____

Family Special: \$45 Number of family members attending in addition to whoever is listed on Application: _____

Wilson Wrestler specific category check one: () Youth () Jr High () Sr High () Cheerleader () Coach

Shirt Size (circle one) Youth - S M Adult - S M L XL 2X 3X Phone: (____) _____ A.M. or P.M.??
circle one or both

Email: (print clearly) _____

Already getting Pretzel City emails regularly? ____ Yes ____ No__ WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Wilson Boosters, Jim Demsco, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date ____/____/ 20__