

EAST BERLIN 5K TURKEY TROT

RUN/WALK

Thursday November 26, 2020 9:00 A.M

Benefits ROOTS for BOOTS Come Support Our LOCAL Veterans

LOCATION: Start and Finish at East Berlin Community Center Parking Lot; 405 North Avenue, East Berlin PA 17316
5k Run starts at 9:00 a.m., Walk to begin approx. 9:10 a.m. (no separate timing or awards for walk)

Early Packet Pickup Tuesday 11/24/20 4pm to 8pm or Wednesday 11/25/20 9am to noon & 4pm to 8pm at 110 East King Street East Berlin PA 17316 or starting at 7:30 am at East Berlin Community Center on Race Day (11/26/2020)

COURSE: Start and Finish are at the East Berlin Community Center, route is through the town of East Berlin with traffic control/assistance where needed. Rain or shine. No refunds or mailed awards.

AWARDS: 5K Run: Top 3 Runners per age group awarded : Age 6 – 14
Age 15 – 24
Age 25 – 49
Age 50 +

All Proceeds Benefit Roots for Boots PLUS we will be collecting canned items for their MilitaryShare program (detailed list can be found on their website: www.rootsforboots.com)

ENTRY: EARLY REGISTRATION: Register by June 30th * \$25.00 Adults * \$15.00 Ages 5-12 Under 5 are Free
REGISTRATION: July 1st thru October 16th - * \$30.00 Adults * \$20.00 Ages 5-12 * Under 5 are Free
LATE REGISTRATION: October 17th – November 26th * \$35.00 Adults * \$25.00 Ages 5-12 * Under 5 are Free
No Race Shirt for LATE REGISTRATION AND There will not be shirt options for children under 5.

Optional Online Registration available at www.pretzelcitysports.com
(Nominal processing fee applies, closes at midnight, the Monday of race week)

RACE DIRECTOR: Sarah Diehl; email me at diehlsarah@hotmail.com or check facebook page "East Berlins 1st annual Turkey trot" for more information.

MAKE CHECK PAYABLE TO "Roots for Boots" MAIL CHECK& FORM BELOW TO: Linda Swift 20 Buck Road Dover PA 17315

Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: Runner Walker Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : S M L XL Phone: (____) _____ A.M. or P.M.??

Email: (print clearly) _____
circle one or both

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, East Berlin Community Center, Roots for Boots, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

date ____/____/ 20 ____