

## ABOUT MVA

Metropolitan Veterinary Associates is a renowned privately owned provider of specialty and emergency veterinary care in Philadelphia's western suburbs. With a talented team of over 30 specialists in 13 disciplines, we offer the highest standard of advanced veterinary care. Our doctors have years of experience, an expert support team, and access to cutting-edge technology and sophisticated diagnostic tools.

### OUR SPECIALTIES:

- Behavioral Medicine
- Cardiology
- Dentistry
- Dermatology
- Emergency and Critical Care
- Internal Medicine
- Interventional Radiology
- Minimally Invasive Surgery
- Neurology
- Oncology
- Ophthalmology
- Radiology
- Surgery

### PAWS OF PROMISE FOUNDATION

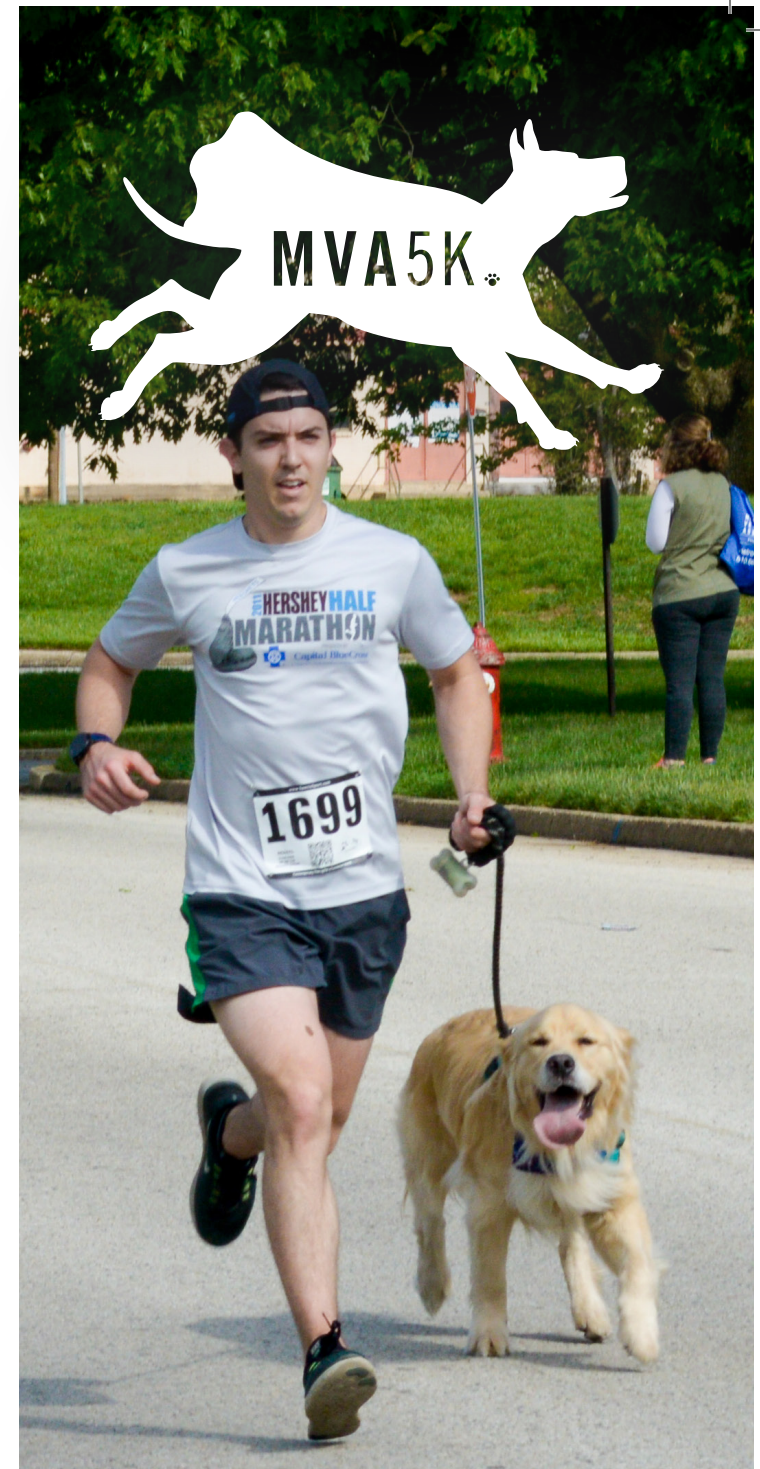
This non-profit organization was created to help good owners who are having trouble funding a pet's emergency care. Through the generosity of our clients and donors, Paws of Promise is able to provide small grants on an as-needed basis to pets who qualify for our program. The Paws of Promise Foundation is made possible through a partnership with the Veterinary Care Foundation, a 501(c)3 charitable organization. Donations are tax deductible and are used solely for animals in need.

 610.666.1050  MVA5K.COM

 2626 VAN BUREN AVE, NORRISTOWN, PA 19403

**METROPOLITAN VETERINARY ASSOCIATES**

2626 Van Buren Avenue, Norristown, PA 19403



**SATURDAY, MAY 9, 2020**  
**BENEFITING PAWS OF PROMISE**



## BE A SUPERHERO

Join Metropolitan Veterinary Associates at Bald Birds Brewing Company for our annual 5K Run / Walk and be a hero to pets needs!

Your participation helps raise funds for the Paws of Promise Foundation, a non-profit organization that helps needy families fund emergency care for their pets. Each attendee will receive one free drink ticket\* to try one of Bald Birds' many beer flavors on tap.

*\*These tickets can be used up to 2 weeks following the event.*

**EACH FINISHER WILL RECEIVE A MVA5K PINT GLASS — EACH K9 FINISHER WILL RECEIVE A LIGHT UP MVA 5K DOG TAG**

## EVENT DETAILS

**DATE:** Saturday, May 9, 2020

**TIME:** Registration starts 7:30am  
Race Starts at 9:00am

**THIS IS A CHIP TIMED EVENT**

All participants registered by April 24th receive a free t-shirt! Any participant registered after that will get a t-shirt based on first come first serve until supplies last. **Everyone registered will be entered into a raffle to win 1 of 2 Series 5 Apple Watch (40MM).**

**LOCATION:** Bald Birds Brewing Company  
970 Rittenhouse Rd #400  
Audubon, PA 19403

**REGISTRATION:** \$25.00 through May 3rd  
\$35.00 after May 3rd

**HOW TO REGISTER:** Please visit our website at [mva5k.com](http://mva5k.com) or fill out and return our entry form.

If you have any questions, contact Sarah Spurgeon at 610-666-1050.

Awards for overall Male, Female, and Canine as well as 2 per age group will immediately follow the event.

## ENTRY FORM

### MVA 5K PARTICIPANT

FIRST NAME \_\_\_\_\_

LAST NAME \_\_\_\_\_

GENDER (CIRCLE) MALE FEMALE

AGE \_\_\_\_\_

EMAIL \_\_\_\_\_

DAYTIME PHONE \_\_\_\_\_

EVENING PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

RUNNING WITH YOUR LEASHED DOG? YES NO

DOG'S NAME \_\_\_\_\_

T-SHIRT SIZE: SMALL MEDIUM LARGE XLARGE

RELEASE (MUST BE SIGNED BY PARENT/GUARDIAN IF UNDER 18))  
\_\_\_\_\_

### FILL OUT, DETACH ENTRY FORM

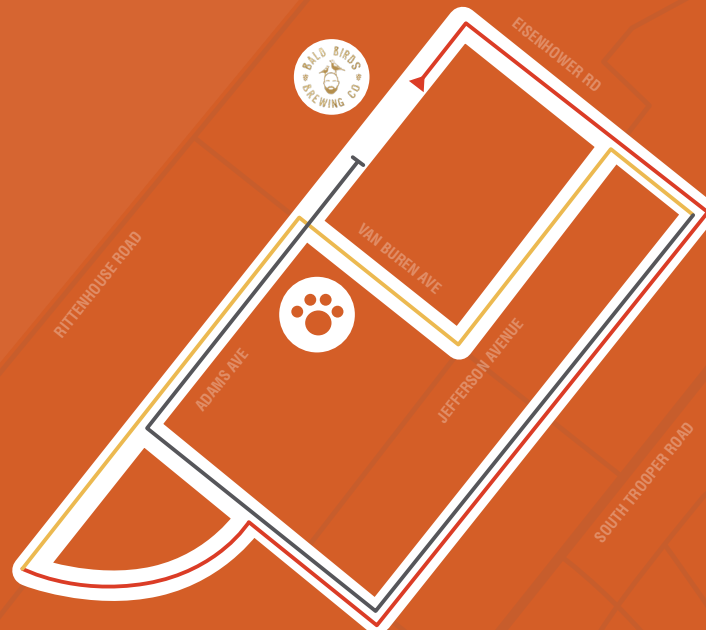
#### MAKE CHECK PAYABLE TO:

Veterinary Care Foundation

#### MAIL FORM TO:

Metropolitan Veterinary Associates  
Attn: Sarah Spurgeon  
2626 Van Buren Avenue  
Norristown, PA 19403

In consideration of acceptance of the entry, I hereby waive/release any and all rights or claims for damage or injuries against the spectators, officers, and members of the MVA and The Paws of Promise Foundation; race officials; the municipalities through which the 'Run,' their heirs, executors, administrators, successors, and families or for any and all injuries which I may suffer while taking part in the 'Run' or as a result thereof; and agree to be bound by the rules of the sanctioning organizations, and the USA Track and Field Association, Inc.



**MILE 1  
MILE 2  
MILE 3.1**

### RAIN OR SHINE!

Nothing will stop this run/walk event! Please dress appropriately. Leashed dogs are encouraged to join!