Age Group & Awards

Prizes awarded to Overall Male & Female Winner and Top Two Male & Female in each age group:

<u>Male</u>	<u>Female</u>			
14 & Under	14 & Under			
15-19	15-19			
20-24	20-24			
25-29	25-29			
30-34	30-34			
35-39	35-39			
40-49	40-49			
50-59	50-59			
60-69	60-69			
70 & Over	70 & Over			

Ephrata Rec Center's Mission Statement:

"To improve the quality of life by providing wholesome, affordable recreation opportunities to the citizens of the Ephrata area"

SAVE THE DATE...



What's better than one race?
How about three?
Sign Up and Win Big in
Rec Center of Lancaster
County's 5K Race Series
Register at active.com!



Ephrata recCenter 05.25.20 Memorial Day 5K Hempfield recCenter

08.23.20

Honey Run 5K

Utitz recCenter
09.19.20
Pretzel Twist 5K



3rd Annual Ephrata Rec

Memorial Day 5K

Monday, May 25 8:00 a.m.

T-shirt for first 100 registrants! Must register by May 9 to qualify for shirt!

Race Registration	\$\$	Deadline
Pre-Registration	\$20	Mon. May 18
After May 18/Day of	\$25	Registration opens 7:00 a.m. day of race

Memorial Day 5K FAQs

- Pre-Race packet pick-up: Sun. May 24 3:00pm - 5:00pm at the Rec Center
- Race Day Registration begins at 7:00 am on the EASD Track—located beside the Ephrata Rec Center
- Race Location: starts on EASD Track
- Prizes will not be mailed
- All the proceeds go towards Ephrata Recreation Center youth programs
- Contact Maria Rotella at 717-738-1167 x106 for additional info.

Timing By Pretzel **City Sports**

Checks payable to **Ephrata Rec Center** Return to: Ephrata Rec Ctr. 130 South Academy Dr. Ephrata, PA 17522 Attn: Maria Rotella Pre-Register at the Rec or online at ephratarec.com or pretzelcitysports.com

Memorial Day 5K Registration Form

	Ct.			 -		
City:				ZIĘ	o:	
Email:						
DOB:		Pho	one	:		
Gender: M or	F Age on	Rac	e D	ay:		
T-shirt Size (C	Circle One)	S	М	L	XL	XXL
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Date:
Signature:
Signature of legal Guardian required if under 18 years of

age.