Salvation Army Second Harvest 5K Run/Walk
Saturday, August 29, 2020 9:00 A.M.
~ Professional timing services by Pretzel City Sports of Reading, Pa. ~
Proceeds benefit the Second Harvest Program at the Lebanon Salvation Army
to help feed those in need in Lebanon County

WHO: Runners AND walkers of all ages. Gather your friends, family, and co-workers!

WHAT: The course begins at The Salvation Army located at 1031 Guilford Street in Lebanon. Participants will make their way through scenic Coleman Memorial Park before finishing at The Salvation Army. Roads are closed to vehicular traffic throughout the course. Bathroom facilities and water will be available. Refreshments will be provided in the gym following the race.

WHEN: Saturday, August 29, 2020
7:00 a.m. – Registration begins
9:00 a.m. – Run begins
10:00 a.m. – Awards presentation in gym

REGISTRATION: Participants may pre-register at www.active.com, www.pretzelcitysports.com, or by filling out the application below. Race day registration takes place at The Salvation Army gymnasium beginning at 7:00 a.m.

Early Packet Pickup: Friday, August 28 from 4 p.m. to 6 p.m. at The Salvation Army gymnasium in Lebanon.

FEE: Early registration fee is $30 for all entries received by August 12th. The fee for entries received after August 12th and day of race is $35. Shirts guaranteed to all who register by August 12th.

RESULTS: Course is GPS measured and marked at miles 1, 2, and 3. Finish line and timing service provided by Pretzel City Sports. Race results will be posted at www.pretzelcitysports.com on the 1st business day after the race.

PRIZES: Awards presented to top three (3) finishers in each of the following age brackets: 14 and Under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, 70-79 years, 80-89 years, 90 and over.

DIRECTIONS:
- From the South: Take Rt. 72 North (N 9th St). Turn left onto Guilford Street.
- From the North: Take Rt. 72 South (N 10th St). Turn right onto Guilford Street.

CONTACT: Dave Mann, dmann4@comcast.net, cell# (717) 679-3433

_____

REGISTRATION: Salvation Army Second Harvest 5K Run/Walk Complete this portion, detach and mail. Include $30 early registration fee by August 12th. After August 12th the registration fee is $35. Please make checks payable to: **Salvation Army Lebanon Corps**.

First Name_____ Last Name_____
Please print

Address_____

Phone _____ City_____ State_____ Zip _____

E-mail address_____ Age (*on Race Day*)_____ Male___ Female___

T-shirt size (*circle one*)

Adult S M L XL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to The Salvation Army, Coleman Memorial Park, the City of Lebanon, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X_____ Date _____
(Parent or guardian's signature if less than 18 years of age.)

MAIL TO:
Salvation Army Second Harvest 5K
c/o David Mann
108 Farmstead Circle
Lebanon, PA 17042