



Perkiomen Watershed Conservancy presents...

The Lenape Challenge Adventure Race
Saturday, April 18, 2020
Schwenksville, PA

~ Professional timing services by Pretzel City Sports of Reading, Pa. ~
Proceeds benefit the Perkiomen Watershed Conservancy

WHO: Adventurers ages 16 and up.

WHAT: 5 mile run on the trail plus 2+ mile paddle on the creek.
Enjoy a mighty dash through the fields, woods and trails of Schwenksville to Spring Mountain. After scrambling up the steep side of the hill, you'll run through a wooded mountain top path studded with diabase boulders. And with what's left in your legs, you'll tackle the descent back down to the canoes. Next you are off to paddle hard for 2+ miles on the Perkiomen Creek to the finish.

There are two options for the Lenape Challenge: Compete as a Two-person Team, or compete individually in the Solo Challenge.

All participants complete the run. Two person teams complete the paddle together in a canoe. Solo competitors complete the paddle in a kayak.

Solo and Team competitors complete the same course.

WHERE: Check-in and start is at the Conservancy's Brownstone Barn, 1 Skippack Pike, Schwenksville, PA. Finish is at Red Fox Park, across Skippack Pike from the Conservancy.

WHEN: Saturday, April 18, 2020

7:30 a.m. - Registration begins

9:00 am - Race Start

11:00 am (approx.) - Awards Ceremony

HOW: Participants in the Solo Challenge may pre-register using application below or online. Participants in the Team Challenge must register on-line.

On-line registration is available at www.perkiomenwatershed.org.

Pre-registration is required. No day of race registration.

Registration is limited to 110 teams and 50 solo competitors. Don't delay, this event sells out!

REGISTRATION FEES:

Team Challenge (per person): \$80 regular/\$85 late

Solo Challenge: \$90 regular/\$95 late

Registration fee includes:

- Use of Canoe (team) or kayak (solo), paddle and life vest.
- Lenape tech t-shirt
- Craft beer from Brothers Kershner Brewing Co. (Participants 21 and over)
- Post-race refreshments
- Prizes for Grand Champion plus top three finishers in each category.

RESULTS: Finish line and timing services provided by Pretzel City Sports. Race results submitted to Pretzel City Sports and posted at www.pretzelcitysports.com.

AWARDS:

Solo Challenge: First overall male & female finishers, then first place male and female finisher in each of the following age categories: 16 - 19, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, 70 and up.

Team Challenge: Grand Champion team, plus top three finishers in each category. Categories: Female: 32 - 75, 76 - 99, 100+, Male: 32 - 75, 76 - 99, 100+, Mixed: 32 - 75, 76 - 99, 100. Team "age" determined by adding participant ages together.

MORE INFORMATION:

www.perkiomenwatershed.org/lenape-survival-challenge

QUESTIONS: 610.287.9383 | rhanson@perkiomenwatershed.org

Online registration at www.PerkiomenWatershed.org

REGISTRATION FOR SOLO CHALLENGE: Complete this portion. Detach and mail. Include \$90 registration fee. Race capped at 50 solo participants. Online registration available at www.perkiomenwatershed.org. Team Challenge - online registration only.

Checks payable to Perkiomen Watershed Conservancy, or by Credit Card:

Visa/MC/Discover: Number _____ Exp. _____ CVC: _____

(Please print)

First and Last Name _____ Phone _____

Address _____ City _____

State _____ Zip _____ E-mail address _____

Race Day Age _____ Male _____ Female _____

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Perkiomen Watershed Conservancy, Brothers Kershner Brewing Company, Spring Mountain Adventures, Cabin Craft Ski Shop, and Schwenksville Borough and those in their employ, Montgomery County, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running or walking in this event including, but not limited to: falls; contact with other participants; vehicle traffic; the effects of the weather, including temperature or wind chill; and the condition of the road and or trail; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature _____ Date _____

(Parent or guardian's signature if under 18 years of age.)

T-shirt size (circle one)

- Small
Medium
Large
XLarge
XXLarge

Mail to: Perkiomen Watershed Conservancy, 1 Skippack Pike, Schwenksville, PA 19473

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