

The 10 Mile Summer Sizzler: Something to Wine About is scheduled for Saturday, July 11, 2020. Doors open at 7:00 am with the race start time slated for 8:00 am. The Summer Sizzler will begin and end at The Vineyards at Hershey.

Our beneficiary will continue to be the Caring Cupboard. The Caring Cupboard, located on Railroad Street in Palmyra, is a local food bank currently serving over 130 families, or close to 1,700 individuals per month, with basic food supplies along with perishable and non-perishable goods. A food collection area will be available on site the morning of the race for those participants wishing to donate food and/or non-perishables. Anyone who donates at least three items will be eligible to win a cash prize.

Since its inception in 2011 and through the generosity of local business sponsors and race day registrations, Gravel Hill UMC has donated over \$25,000 to the Caring Cupboard. Additionally, through participant donations, over 1,200 pounds of food have been donated to the ministry. Thank you for supporting this local mission.

All participants will receive a post race glass of wine or beer made on location by The Vineyards at Hershey and the Brewery at Hershey.

## WINE-O-CLOCK



## MAGNUM



## FRUIT BOMB



**10**  
*Mile*  
**7.11.20**  
**SUMMER SIZZLER**

*Something*  
*To*  
*Wine*  
**ABOUT**

**Vineyard at Hershey**

**JULY 11, 2020**  
**8:00 am Start**

## CORKED

BABE'S GRILL HOUSE  
 DAFNO'S ITALIAN GRILL  
 THE INSIDE TRACK  
 KARN'S  
 LISA'S CAFE

MOUNT GRETNA BREWERY  
 PARPC  
 PARAMOUNT SPORTS  
 COMPLEX  
 SELTZER'S BOLOGNA  
 TEXAS ROADHOUSE

## EVENT DETAILS

- Event Date:** JULY 11, 2020 (rain or shine)  
**Beneficiary:** Caring Cupboard  
131 N. Railroad St. Palmyra, PA 17078  
www.caringcupboard.org
- Start/Finish:** The Vineyards at Hershey  
**Location:** 598 Schoolhouse Rd, Middletown, PA 17057  
On site parking for participants/spectators
- Race Time:** 8:00am start
- Packet Pick-up:** Pre-Race Day (Gravel Hill UMC Lobby)  
Friday, July 10, 8:00am - 6:00pm  
131 Gravel Hill Road, Palmyra, PA 17078
- Race Day Pick-up & Registration  
Desk opens at 7:00am  
The Vineyards at Hershey  
598 Schoolhouse Rd, Middletown, PA 17057
- Age Groups:** 14 and Under..... 15-19  
20-29..... 30-39  
40-49..... 50-59  
60 and Over  
(Each age bracket is broken into male and female categories)
- Awards:** Overall male and female winners and the top three male and female winners from each category will receive a prize.
- Results:** Results will be posted at race site and on the event web page at gravelhillumc.org Monday following the event.
- Additional Information:** Contact: Tony Rose,  
717-838-4721 x122  
tony@gravelhillumc.org  
Information and map available online at gravelhillumc.org

## PARTICIPANT REG.

- Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Emergency Phone: \_\_\_\_\_  
Age (as of 7/11/20): \_\_\_\_\_  
Age (as of 10/31/20): \_\_\_\_\_  
Gender:  Male  Female  
Tank-Top – Select Size:  
S M L XL 2XL 3XL  
Pre-registration participants are guaranteed to receive a tank-top race shirt if information is received by or on July 1, 2020. Entries received after July 1, 2020 and Race Day Registrants will receive a shirt on a first come, first serve basis. Size and receipt of a shirt is not guaranteed.
- 10 Mile Summer Sizzler: \$20 Pre-Reg / \$25 On-Site**  
Payments may be mailed to the address listed below
- \*10 Mile Summer Sizzler & Fall Feeding Frenzy 5K (10/31/2020): \$35 Joint Registration**
- \*If registering for both races what is your shirt preference for the 10/31/2020 race:  
Long Sleeve Dri-Fit or Long-Sleeve Cotton  
S M L XL 2XL 3XL
- Sponsors - Free Entry**
- Checks shall be made payable to: Gravel Hill UMC - SS**  
Mail registration form along with payment to: Gravel Hill UMC - Summer Sizzler  
131 Gravel Hill Road, Palmyra, PA 17078
- Register Online**  
[http://www.pretzelcitysports.com/online\\_registrations.html](http://www.pretzelcitysports.com/online_registrations.html)  
(closes midnight July 8, 2020)

## LIABILITY WAIVER

### WAIVER MUST BE SIGNED TO PARTICIPATE IN THE SUMMER SIZZLER AND FFF 5K

\*\*Waiver: I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also assume any or all other risks associated with running or attending the race, including but not limited to falls, contact with other participants, the effects of the weather, the condition of the trail/route, attack by rabid wildlife, heckling by family members and friends for how slow I run, and all such risks being known or unknown by me. Knowing these facts and in consideration of your accepting my entry fee. Thereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Londonderry Township, the Vineyards at Hershey, Gravel Hill UMC, Londonderry Village, North Londonderry Township, the race committee, volunteers, and all sponsors, including their agents, employees, assigns, or anyone acting on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of my participation in this event. This waiver extends to all claims of every kind or nature whatsoever, foreseen, or unforeseen, known or unknown. By entering this race, I am granting permission to all parties affiliated with the race to use any pictures or likeness of me secured at the event in any way they see fit without review, restriction or compensation. Having been informed of the activities conducted by Londonderry Township, the Vineyards at Hershey, Gravel Hill UMC, North Londonderry Township and Londonderry Village, I/we, as an individual or as a parent or guardian of the participants named herein, assume all risks and hazards incidental to the activities. I release from responsibility and agree to indemnify and hold harmless Londonderry Township, the Vineyards at Hershey, Gravel Hill UMC, North Londonderry Township, Londonderry Village, its officers, directors, independent contractors, volunteers, and all employees for any illness or injury to me or my children or family members occurring during his/ her/our participation in any activity or use of any facility at or conducted by the Londonderry Township, the Vineyards at Hershey, Gravel Hill UMC, North Londonderry Township, Londonderry Village. Photographs may occasionally be used in promoting programs, activities, and volunteer opportunities for the 4 Seasons Race Series. Names and personal information will not be used/attached with the photo. Additionally, I understand that unless there is a State of Emergency declared that makes the running of any race impossible, I am guaranteed a refund (minus any online processing fees) within 7-10 Business Days of the race date.

Signature of Participant:

\_\_\_\_\_  
(Parent/Guardian must sign if entrant is under 18 years of age)