



Saints Sprint 5K Run/Walk and Kids Fun Run October 3rd, 2020

WHO: Runners of all ages. Gather your family, friends and co-workers. Walkers are also invited to participate using the same course. We will also be hosting a FREE kids fun run for children ages 3-12 following the 5K.

WHAT: The Saints Sprint 5K is a fundraiser for Saints Philip & James School.

WHERE: Our race will begin and end at Saints Philip and James School, 137 Roseberry St. Phillipsburg, NJ 08865

WHEN: Saturday, October 3rd, 2020

7:30 A.M. – Registration begins

9:00 A.M.- 5K begins

10:00 A.M.- Award Presentation at finish line

10:30 A.M.– Free Fun Run for Ages 12 & Under

11:00 a.m. – Stick around and receive FREE admission, with race entry, to our Spring Luau featuring local bands including Jimmy and the Parrots and the Billy Bauer Band, drink specials, food, family fun, and more.

QUESTIONS: Call Sierra Fenton at 610-462-4352 or email at SSPJ.run5k@gmail.com

HOW: Complete the form below and submit the appropriate amount. Check/Money order payable to Saints Philip & James School. Or register at <https://www.pretzelcitysports.com/online-registration/> (Nominal service fee applies, closes midnight, Wed. of race week).

5k Entry Fee: \$25 if registered by September 18th to receive a Saints Sprint 5K cotton shirt. The fee for entries received after September 18th including Race Day is \$30, t-shirts available while they last. Size requests will be honored to the best of our ability but size may be substituted. (Please note the race will be wheel measured by the foot).

Kids Fun Run: Event is for kids 12 & Under. Racers will be broken down into appropriate age groups. T-shirts are not included for this event, but can be purchased at the race while supplies last. This event is Free.

5k AWARDS: Medals will be presented to the Overall Male and Female Champion. Medals presented to top three (3) Male and three (3) Female finishers in each of the following age brackets: 14 and under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, 70+ years.

RESULTS: Finish line and timing service by Pretzel City Sports. Race Results posted on www.pretzelcitysports.com

**CHECK PAYABLE TO Saints Philip & James School MAIL CHECK & FORM BELOW TO:
137 Roseberry St Phillipsburg, NJ 08865**

.....Please Print Clearly.....

Last Name _____ First Name: _____
Address _____
City/State _____ Zip _____ Race day age: _____ Date of birth: _____

Race (circle one): 5K KIDS Sex: M F Phone: ()

Adult Shirt Size (for 5K participants only circle one): S M L XL 2XL 3XL email _____

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to SSPJ, The Diocese of Metuchan, Phillipsburg, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X _____ Date _____

(Parent or guardian's signature if less than 18 years of age)