

## Runners

### 5K REGISTRATION

Register online at [SupportMorningStar.com](http://SupportMorningStar.com)

**OR** Day-of at the Carousel Pavilion, 7:00 am

### 5K REGISTRATION ENTRY FEE

**By August 31: \$35**

**After August 31: \$40**

*Collectible shirts to all runners guaranteed until 8/19.*

*After 8/19, while supplies last.*

Age Categories: 14 and under, 15-19, 20-29, 30-39,  
40-49, 50-59, 60-69, 70+

### 5K AWARDS *\*You must be present to receive award*

- Overall top male & female runners: medals & prizes
- First place male & female runners in each age category: medals & prizes
- Second place runners: medals
- Third place runners: medals

## Walkers

### WALK REGISTRATION

Register online at: [SupportMorningStar.com](http://SupportMorningStar.com)

**OR** Day-of at the Carousel Pavilion, 8:30 am

### WALK REGISTRATION ENTRY FEE

#### **FREE registration for walkers!**

*Collectible shirts to all walkers who raise at least \$35+. Enter funds raised online by 8/19 to guarantee your shirt.*

*After 8/19, while supplies last.*

### **SPECIAL PRIZES AWARDED TO TOP FUNDRAISERS!**



2509 N Front Street  
Harrisburg, PA 17110

717-734-4630  
[SupportMorningStar.com](http://SupportMorningStar.com)



5K Run and Walk for Life

## Run and Walk for HER

LET'S MAKE A DIFFERENCE—FOR LIFE

**SATURDAY**  
**9/19/26**

**HARRISBURG**  
**CITY ISLAND**





Since 1972, Morning Star has been supporting women, men & families facing unplanned pregnancies.

**YOUR SUPPORT PROVIDES THESE NO-COST, LIFE-AFFIRMING SERVICES:**

Confidential Counseling

Pregnancy Testing

Ultrasound Examinations

STD Testing & Treatment

Abortion Pill Reversal

Fatherhood Program

Relationship & Sexual Health Education

Parenting Classes

Baby Clothing & Supplies

Post Abortion Support



FOR MORE INFORMATION AND TO REGISTER:  
www.SupportMorningStar.com  
Call 717-734-4630 | SupportMorningStar



## Three Steps to Make a LIFE-SAVING DIFFERENCE



### 1 REGISTER TO ATTEND

Join hundreds of supporters of Life at this fun family event! **Register today at SupportMorningStar.com** and create your individual fundraising page.



### 2 FORM A TEAM

**Form a team** to make an even bigger impact on Life! Inviting others helps to educate our community about Morning Star and multiply our support.



### 3 FUNDRAISE FOR MORNING STAR

Whether your personal fundraising goal is \$655.37, \$250, or \$50, every dollar you raise can make a Life-saving difference! Ask your family, coworkers and church community to help support moms, dads and families in Central PA.



### SUPPORT LIFE! WIN PRIZES!

Visit us online to see our prizes for top fundraisers!

**PLUS**, walkers and runners who raise \$250+ will receive a **FREE Morning Star Travel Mug!**

## FUNDRAISE FOR HER!

On average, it costs \$655.37 to provide one individual with our Life-affirming services. Your gift will help us raise \$125,000 to support 190 moms! **How many moms can YOU support?**

## Event Schedule

7:00 AM Run Registration/Check-in

8:00 AM 5K Run (Chip Timed)  
Live Music

8:30 AM Walk Registration/Check-in  
Pancake Breakfast

9:00 AM 5K Awards Ceremony  
Train Rides & Kids' Zone

10:00 AM Walk for Life

11:30 AM Close

### FREE ACTIVITIES

Train Rides, Carousel, Bounce House, Pancake Breakfast, Live Music and More!



### REGISTER TODAY

View walk and run routes, register and fundraise online at SupportMorningStar.com!

