

IRONTON RAIL-TRAIL 10K RACE INFORMATION

Saturday, August 22, 2020

Directions to Race: *Saylor Park: 245 N. 2nd St., Coplay, PA 18037*

- Take Route 145 N. to Sheetz
- Turn right on Chestnut St.
- At stop sign bear left onto W. Coplay Rd.
- At stop sign turn right onto Coplay Rd.
- Continue to the bottom of the hill and parking lot

Ironton Rail-Trail 10K Race Fee:

\$30 until June 9
\$35 until July 14
\$40 Day of Race

Make checks payable to: *Ironton Rail-Trail*

Please mail completed form and check to:
Keystone Running Store
1042 Mill Creek Road
Allentown, PA 18106



St. Luke's University Health Network and Delaware & Lehigh National Heritage Corridor are encouraging you to get out and get active. Learn more, sign up at www.tailonthetrail.org It's FREE. Log the miles you walk, run or bike, and earn prizes! Whether you're training for this event, or getting out on trails for fresh air, your miles count! Join today and help us build a healthier community... one mile at a time.



IRONTON RAIL-TRAIL 10K RACE REGISTRATION

Saturday, August 22, 2020

Name: _____ DOB: _____ Age: _____
 Street: _____ Email: _____
 City: _____ State: _____ Zip: _____
 Male: _____ Female: _____ T-Shirt Size: S _____ M _____ L _____ XL _____ Walk _____ Run _____

Please enter me into The Keystone Running Store Rail to Trail 10K Run/Walk on August 22, 2020. I know that running a trail/road race is a potentially hazardous activity. I should not enter unless I am properly trained. I agree to abide by decisions of race officials relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contacts with other participants, the effects of weather (including high heat and/or humidity), traffic and conditions of the road/trail, all such risks being known and appreciated by me. Having read this waiver and these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive The Keystone Running Store, their officers and agents, all sponsors, their representatives and successors, including the claims or liabilities of any kind arising out of the participating in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

Signature (Parent/Guardian if Under 18) _____