



August 8, 2020
5K Run/Walk | 1-Mile Fun Run/Walk | Mini Dash
Benefiting the Joseph T. Simpson Public Library

LOCATION:

Winding Hill Park—East & West
 901 E. Winding Hill Road (Upper Allen Township)
 Mechanicsburg, PA 17055

WHEN:

7:45 am Check-in begins
 8:30 am 5K Run/Walk begins
 9:15 am 1-Mile Fun Run/Walk begins
 9:30 am Mini Dash (5 years and under)
 9:45 am Awards

REGISTRATION FEES:

On or before July 25:
 \$25 pre-registered 5K participant
 \$10 Family Fee for 1-mile Fun Run/Walk (no shirt)
 \$5 Single Fee for 1-mile Fun Run/Walk (no shirt)
After July 25 through Race Day:
 \$30 per 5K participant (shirt not guaranteed)
 \$10 Single/Family Fee for 1-mile Fun Run/Walk (no shirt)
 Free Mini Dash for children 5 years and under but must register
 Family registration available with mail-in registrations only.
 All registrations must be in same envelope.

COURSE:

The 5K runs through paths in both Winding Hill Park East and West as well as through neighborhood paths and roads.

RESULTS:

Finish line and timing service by Pretzel City Sports. Race results posted on www.pretzelcitysports.com and on the library's web page within 72 hours after the race at www.simpsonlibrary.org.

AWARDS:

5K medals given to 1st, 2nd, and 3rd place in each age group; cash and medal prizes given to top 5K three male and female finishers overall and top Veteran* finisher. No medals for 1-Mile Fun Run/Walk.

5K AGE GROUPS:

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over

CONTACT INFORMATION:

Dawna Trump at dtrump@ccpa.net or 717-766-0171.

OPTIONAL ONLINE REGISTRATION AVAILABLE

<https://www.pretzelcitysports.com/online-registration/>

ONE REGISTRATION FORM PER PERSON

Name _____ Email _____
 Address _____ City, State, Zip _____
 Phone _____ Age on Race Day _____ Male _____ Female _____
 Shirt Size—**register by July 25 to guarantee shirt availability** Are you a Veteran*? _____ Yes _____ No
 _____ Adult S _____ Adult M _____ Adult L _____ Adult XL _____ Adult 2XL _____ Youth S _____ Youth M _____ Youth L
 _____ 5K participant (\$25 on or before July 25; \$30 after July 25) _____ 1-Mile Fun Run/Walk (\$10 per Family; \$10 per shirt)
 _____ Mini Dash (free but must register) \$ _____ Enclosed (checks payable to Simpson Public Library,
 16 N. Walnut St., Mechanicsburg, PA 17055)

I certify that I suffer no conditions likely to cause me injury or illness from participation in this event. I waive and release any and all rights I may have against the Joseph T. Simpson Public Library, sponsors, their agents, employees, tenants, volunteers, and Upper Allen Township for damages, injuries, or losses I may suffer as a result of this event. I grant permission to the aforementioned to use my name and/or photography or videotape of this event without limitation or obligation.

Signature **(REQUIRED)** _____ Date _____

Parent/Guardian Signature **(if under age 18)** _____

OFFICE USE: AMT \$ _____ CHECK or CASH