



Virtual 5K & 10K Walk/Run Still with ice cream perks!

All Runners/Walkers get Carvel Ice Cream

SATURDAY, JUNE 6, 2020

The Creamery Hustle that you know and love has now become a virtual race in 2020!

Runners and walkers have from 7AM until 7PM on Sat, June 6, 2020 to run or walk the distance you registered for (5K or 10K) and email us that time by 7PM. This is based on an honor system. An easy way to measure a 5K (3.1 miles) or a 10K (6.2 miles) is with a running app on your phone or on a treadmill.

Penn State Berks campus is closed for our event and so is the ice cream. However, anyone that registers for this event will receive a free voucher for two scoops or soft serve Carvel ice cream at the store on 5th Street Highway in Reading.

For the 1st place overall female and 1st place overall male, we will ship two half gallons of Creamery Ice Cream in any two available flavors you choose.

We will mail you your tech shirt (if applicable). All participants will receive a mailed Carvel ice cream voucher.

**RACE BENEFITS LOCAL
CANCER PATIENTS**



Contact Info: SteveElliker@gmail.com

June 6

Location:

Anywhere you can safely run or walk

Shirt Due Date

Register online or mail in your app by May 22 to guarantee your shirt.

ADULT 5K/10K REGISTRATION:

(Ages 14 & up)

You are guaranteed a T-shirt if you register by May 22.

April 23 – May 22\$20 (5K or 10K)

May 23 – June 6.....\$25 (5K or 10K)

Apr 23 - June 6 (no shirt)...\$10

KIDS 5K REGISTRATION:

These registrations do not change in price, **BUT** register by May 22 to reserve your race T-shirt.

Ages 5-13.....\$15

GROUP RATES:

Any combination of 10+ walkers/runners: 10% off

Any combination of 20+ walkers/runners: 20% off

EXTRA SHIRTS (IF AVAILABLE):

Race T-shirt.....\$15

TO ENTER: Fill in the form below, **CUT OFF & MAIL** to: OneRunTogether, 135 Schoolhouse Lane, Coatesville PA 19320

Make checks payable to "OneRunTogether Inc." **OR REGISTER ONLINE:**

www.oneruntogether.org/races/ OR www.pretzelcitysports.com

NAME: _____ PHONE: _____

ADDRESS: _____ CITY/STATE/ZIP: _____

MALE FEMALE Registering for: 5K 10K Age on June 6, 2020 _____ Birthdate (mm/dd/yyyy): _____

I am unable to participate but would like to donate \$ _____

How did you hear about this event specifically? _____

T-Shirt (free for race participants, \$10 for non-participants) YM YL S M L XL 2XL

Email Address (REQUIRED to get details for the race): _____

Emergency Contact (Name & Phone): _____

Please make sure you have read and understand the Liability Disclaimer, and sign below. Your signature below provides consent to the terms of this disclaimer. All participants must sign or have a legal guardian sign in order to participate. The Creamery Hustle 5K/10K Waiver & Release: I know that running a race or doing a walk is a potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform in this event, and I am in good health, and I am properly trained. I assume all risks associated with running in this event. I for myself and anyone entitled to act on my behalf waive and release and will not sue OneRunTogether, Inc., Pretzel City Sports, any employee participating in the race, all volunteers, all vendors, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to use my photograph, email address, motion pictures, recordings or any other record of this event for legitimate purposes. I understand that this race is rain or shine and it is not refundable.

Signature (if under 18, signature of parent or guardian): _____ Date _____