

Pretzel City Sports presents our new race that we hope to rename the "Better Year" 5k in 2021

# "Crappy Year" 5k

**Sun, Nov 8th, 2020 10 AM**

**Union Twp. Park, just East of Birdsboro**  
(just off Rt. 724, behind the Fork & Ale Gastropub)

*"Covid, Social Distancing, Layoffs, Civil Unrest, Upswing in Spotted Lantern Flies, Saharan Dust Storms in the U.S, Huge Forest Fires, Return of the 17-year Locust, Shortened/Crowdless Sport Seasons, Acrimonious Elections...this race may be the ONLY bright spot of 2020!"*

**LOCATION/COURSE:** Union Twp. Park, off of Rt. 724 about 1.5 miles East of Birdsboro-right behind the Fork & Ale Gastropub. Out and back 1.55M wheel measured course on a packed cinder, wooded rail-trail. REALLY flat & fast, glimpses of Schuylkill River along the way and LOTS of changing leaves. Due to "out and back" nature of trail, leashed dogs and strollers OK IF you're careful! Start in back, pass with care, allow others to pass easily.

**ENTRY:** **250 ENTRY LIMIT OR THE NUMBER THE STATE ALLOWS BY RACEDAY, SO ENTER EARLY. RACEDAY ENTRY PROBABLE BUT NOT GUARANTEED!** Check [www.pretzelcitysports.com](http://www.pretzelcitysports.com) close to race day to verify raceday entry. \$22 if postmarked by Mon, Oct 26, 2020 includes soft style T shirt with a VERY memorable logo on it. After that, \$28 up to and including raceday (unless limit is reached earlier) while shirts last, \$22 afterwards. Reg opens at 9 AM. Held rain, shine, snow or snow on ground. No refunds, mailed shirts or awards. Few number of extra shirts ordered so PREREGISTER, even if after the price break ends!

**Optional Online Reg on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) until midnight, the Wed of race week**  
(nominal service charge applies)

**AWARDS:** 1<sup>st</sup> M & F + top 3 M & F in: 0-14 15-19 20-29 30-39 40-49 50-59 60-67 68-74 (68+ is top women's age group) and 75+ (2 M) **Clydesdales:** Top 3 M and F Clydes regardless of age. Qualifying Weight: M: 210 lbs. or over or 185 if 5 ft., 9 inches tall or less. F: 160 lbs. or over, 140 if 5 ft., 4 inches tall or less.

**ADDRESS FOR GPS'ers:** behind 1281 E. Main St., Douglassville PA (Fork & Ale mailing address) but this race is just outside Birdsboro, nowhere NEAR Douglassville as most people know it.

Make check payable to "PRETZEL CITY SPORTS". Send check & form below to: Pretzel City Sports, 112 W. 36th St, Reading, PA 19606 Race Director: Ron Horn: (610)779-2668 [rhornpcs@aol.com](mailto:rhornpcs@aol.com) (best way to contact)

Last name \_\_\_\_\_ First name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Sex: M F Age on Race Day: \_\_\_\_\_ Date of birth \_\_\_/\_\_\_/\_\_\_ Unisex Soft Style T Size: S M L XL 2X  
Email: \_\_\_\_\_@\_\_\_\_\_ Already get Run Update emails? \_\_ Yes \_\_ No  
Phone: (\_\_\_\_) \_\_\_\_\_ \_\_A.M.? \_\_ P.M.? \_\_ BOTH? Clydesdale?? \_\_\_\_\_ Yes \_\_\_\_\_ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_ date \_\_\_/\_\_\_/\_\_\_20\_\_\_  
Crap App May be Duplicated Insurance by R. R. C. A. Be Sure to Sign Waiver