

1 Book, 1 Run 5K & Scavenger Hunt

presented by the



All Runners/Scavenger Hunters get a nifty t-shirt & a Carvel ice cream cone!

FRI-SUN, Oct 9-11, 2020

A **Virtual Race** this year! Due to COVID-19, we cannot hold this race on site, and have modified this 5K to a virtual event.

Participants have from 7AM Fri, Oct 9, until 7PM Sun, Oct 11, 2020 to run or walk the 5K and email us their time by Sun, Oct 11 at 7PM to literacycouncilraces@gmail.com

This is based on an honor system. An easy way to measure a 5K (3.1 miles) is with a running app on your phone or on a treadmill.

All who register receive a nifty t-shirt and a coupon for a Carvel ice cream cone. Registrants can pick up their gifts at LCRB - **35 South Dwight Street, West Lawn, PA**. Please call the LCRB office at **610-670-9960** to schedule your gift pick-up after the 1Book/1Run.

First Place Overall 5K Male and 5K Female will each receive a \$25 Gift Card to Firefly Bookstore.

A plethora of zippy prizes will be awarded to Scavenger Hunt participants!

READING & RUNNING in READING, PA

We are reading the book **Patina** by Jason Reynolds, prior to the race, if you'd like to read along.

Date: Oct 9-11

Location: Virtual

(Anywhere you can safely run or walk)

ADULT 5K REGISTRATION:

(Ages 14 & up)

Ages 14-114...\$20/\$25w/Scavenger Hunt
Scavenger Hunt Only...\$15

KIDS 5K REGISTRATION:

(Ages 5-13)

Ages 5-13...\$15/\$20 w/Scavenger Hunt
Scavenger Hunt Only...\$15

Race Director:

Argyro Elliker
argyro@lcrb.org

TO ENTER: Fill in the form below, **CUT OFF & MAIL** to Ryan Breisch, Literacy Council, 35 South Dwight Street – West Lawn, PA 19609. Make Checks Payable to Literacy Council of Reading-Berks

OR REGISTER ONLINE: www.pretzelcitysports.com

LAST NAME: _____ FIRST NAME _____ PHONE: _____

ADDRESS: CITY/STATE/ZIP: _____

MALE FEMALE Registering for: 5K Scavenger Hunt 5K and Scavenger Hunt AGE on 10/9/20 ____ Birthdate (mm/dd/yyyy): ____

Shirt Size (short sleeve) S ___ M ___ L ___ XL ___ XXL ___ YS ___ YM ___ YL ___

How did you hear about this event specifically? _____ I am unable to participate but would like to donate \$ _____

Email Address (REQUIRED to get details for the race): _____

Emergency Contact (Name & Phone): _____

Please make sure you have read and understand the Liability Disclaimer, and sign below. Your signature below provides consent to the terms of this disclaimer. All participants must sign or have a legal guardian sign in order to participate.

The 1 Book, 1 Run 5K Waiver & Release: I know that running a race or doing a walk is a potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform in this event, and I am in good health, and I am properly trained. I assume all risks associated with running in this event. I for myself and anyone entitled to act on my behalf waive and release and will not sue Literacy Council of Reading-Berks, Pretzel City Sports, any employee participating in the race, all volunteers, all vendors, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to use my photograph, email address, motion pictures, recordings or any other record of this event for legitimate purposes. I understand that this race is rain or shine and it is not refundable.

Signature (if under 18, signature of parent or guardian): _____ **Date** _____