

Will our recent years EVER not suck?! Pretzel City Sports' salute to things STILL going all to hell, the 2022

“Crappy Year” 5k

Sun, Nov 27th, 2022 (Thanksgiving Sunday) 10 AM

Union Twp. Park, just East of Birdsboro
(just off Rt. 724, behind the Fork & Ale Gastropub)

January 6th uprising, Monkeypox, 43 new variations of Covid, under-staffed venues, record setting heat waves/drought, highest gas prices in almost 40 years, widespread shortages on everything (including race bibs), worst inflation since the 80's, Eagles falling behind 31-0 in their playoff game! This race MAY be your BRIGHTEST day in 2022! But let's hope not!

LOCATION/COURSE: Union Twp. Park, off of Rt. 724 about 1.5 miles East of Birdsboro-right behind the Fork & Ale Gastropub. Out and back 1.55M wheel measured course on a packed cinder, wooded rail-trail. REALLY flat & fast, glimpses of Schuylkill River along the way and LOTS of changing leaves. Due to “out and back” nature of trail, leashed dogs and strollers OK IF you're careful! Start in back, pass with care, allow others to pass easily.

ENTRY: \$27 if postmarked by Mon, Nov 14, 2022 WITH a long sleeve tech shirt w/a VERY memorable logo on it; \$22 WITHOUT shirt. After that, \$32 up to & including raceday WITH shirt (while they last), \$27 without. Reg opens at 9 AM. Held rain, shine, snow or snow on ground. No refunds, mailed shirts or awards. Few number of extra shirts ordered so PREREGISTER, even if after the price break ends! 3rd annual, much to our regret.

Online Reg highly suggested on <https://www.pretzelcitysports.com/online-registration/>
(makes for easier communication in case of bad weather, closes at midnight the Wed of raceweek, nominal service charge applies)

AWARDS: 1st M & F + top 3 M & F in: 0-14 15-19 20-29 30-39 40-49 50-59 60-67 68-74 (68+ is top women's age group) and 75+ (2 M) **Clydesdales:** Top 3 M and F Clydes regardless of age. **Qualifying Weight:** M: 210 lbs. or over or 185 if 5 ft., 9 inches tall or less. F: 160 lbs. or over, 140 if 5 ft., 4 inches tall or less. With this race being held just 3 days after Thanksgiving, we may ALL be Clydesdales!

ADDRESS FOR GPS'ers: behind 1281 E. Main St., Douglassville PA (Fork & Ale mailing address) but this race is just outside Birdsboro, nowhere NEAR Douglassville as most people know it.

Make check payable to “PRETZEL CITY SPORTS”. Send check & form below to: Pretzel City Sports, 112 W. 36th St, Reading, PA 19606 Race Director: Ron Horn: (610)779-2668 rhornpcs@aol.com (best way to contact)

Last name _____ First name _____
Address _____ City _____ State _____ Zip _____
Sex: M F Age on Race Day: _____ Date of birth ____/____/____ Unisex Long Sleeve Tech Size: S M L XL 2X
Email: _____@_____ Already get Run Update emails? __ Yes __ No
Phone: (____) _____ A.M.? __ P.M.? __ BOTH? Clydesdale?? ____ Yes ____ No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, any subcontractors & facilities it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ date ____/____/____ 2022

Crap App May be Duplicated

Insurance by R. R. C. A.

Be Sure to Sign Waiver