"Arctic Blast 6k"

Sat, Feb 20, 2021 ** 10 AM

Union Twp. Park, just East of Birdsboro

(just off Rt. 724, behind the Fork & Ale Gastropub)

"The beauty of a 6K is that if you've never run one, you'll set a personal record (PR) at a race for the first time in years! The beauty of THIS 6K is that even if you <u>have</u> run one before, you've never run one this <u>FLAT</u> & <u>FAST</u>!

LOCATION/COURSE: Union Twp. Park, off of Rt. 724 about 1.5 miles East of Birdsboro-behind the Fork & Ale Gastropub. Wheel-measured 3.72 Mile, 2 lap course on a packed cinder, wooded rail-trail. REALLY flat & fast, glimpses of Schuylkill River along the way. Leashed dogs and strollers OK <u>IF</u> you're careful and start in the back, pass with care & allow others to pass easily. No 2-way traffic on course. **Insurance Provided by the R.R.C.A.**

ENTRY: ONLINE ENTRY ONLY AT WWW.PRETZELCITYSPORTS.COM DUE TO THE NEED TO SHUT DOWN ENTRY WHEN THE RACE REACHS ITS LIMIT. 250 ENTRY LIMIT OR THE NUMBER THE STATE ALLOWS BY RACEDAY, SO ENTER EARLY. RACEDAY ENTRY PROBABLE BUT NOT GUARANTEED! Check www.pretzelcitysports.com around raceday to verify raceday entry. \$25 if entered by Sat, Feb 6, 2021 includes a long sleeve tech T shirt (may have to convert to another fabric if that type is unavailable) with a memorable logo on it and in sizes Small thru 2X. After that, \$30 up to and including raceday (unless limit is reached earlier) while shirts last, \$23 afterwards. Reg opens at 9 AM. No refunds, mailed shirts or awards. Few extra shirts ordered so PREREGISTER, even if after the price break ends! Held rain, shine, snow or snow on ground. PLEASE NOTE: WE WILL POSTPONE THIS TO THE FOLLOWING SAT. ONLY IF THE ROADS ARE PRETTY MUCH IMPASSABLE; NOT if there is just 3-4 inches of snow on the ground. To confirm race status, check pretzelcitysports.com by 7 am that morning.

Mandatory Online Registration Required on <u>www.pretzelcitysports.com</u>

(closes midnight, the Wed of race week. nominal service charge applies)

AWARDS: 1st M & F + top 3 M & F in: 0-14 15-19 20-29 30-39 40-49 50-59 60-67 68-74 75+ Clydesdales: Top 3 M and F Clydes regardless of age. Qualifying Weight: M: 210 lbs. or over or 185 if 5 ft., 9 inches tall or less. F: 160 lbs. or over, 140 if 5 ft., 4 inches tall or less.

ADDRESS FOR GPS'ers: behind 1281 E. Main St., Douglassville PA (Fork & Ale mailing address) but race is just outside Birdsboro, NOT near Douglassville as most people know it. Venue is a park; all activities outside.

SNOW DATE: following Sat but ONLY if the roads are pretty much impassable on raceday OR if there are more than 3 inches of snow on the course. Check <u>www.pretzelcitysports.com</u> for race status after 7 AM that morning.

IMPORTANT NOTE ABOUT PARKING: Much of the parking at this venue is on the grass, which will especially be a challenge if there is snow on the ground. If you can drive a pickup, jeep or SUV to the race, it would help us all! People driving such vehicles to the event will automatically be directed to park on the grass so we can maximize our parking.