

Covid Precautions for Pretzel City Sports races

(All restrictions here that apply to the runner also apply to any spectators they bring)

Race is limited to 230 entries (or whatever the state limits are at the time) + 20 people to cover staff & spectators.

All entries MUST, from the time they exit their vehicle until the time they return to it to leave the event, wear a face covering of some sort AT ALL TIMES. Runners must start the race and finish it with a mask on. They do NOT have to wear a mask while racing but they must carry one with them so that they can put it on while crossing the finish line. Runners are also required to remain 6 ft. away from all others the entire time before and after the race, including while lining up for the start of the race.

All Pretzel City staff will wear masks & gloves during registration/packet pickup and at any area where they are physically close to runners. Hand sanitizer bottles will also be on all tables.

Water at aide stations will be “self serve” rather than handed to the runner. Runners must fill their own water bottle too at those stations, if carrying water. At the finish, only individually wrapped food will be available to the runner. That food will be displayed in a manner that minimizes the probability that someone will touch food that they are not taking. If taking food and water, they must relocate to a remote area before removing their mask to consume it.

A much wider start line will be utilized with runners not closer than 6 ft. to runners to the front of them, to the back of them or on either side of them. Runners will be asked to extend their arms in all directions (both side to side and front & back) and instructed that if they can touch someone when doing so, someone has to move.

If winning an award, that award will be placed on a table for the runner to pick up, rather than it being handed to them. The person placing the award on the table will be wearing gloves.

Online registration only is strongly suggested so that the race can be closed easily when the limit is reached. Online registration only also allows one to easily accumulate an email database that can be used to communicate any adjustment of the covid rules to entries.

In correspondence we send to the runners prior to the event, they will be discouraged from bringing spectators along, since they are not legally bound to follow our precautions. Runners are also informed that should they not comply with any of our rules, they will be banned from running all PCS-held races for no less than 1 year, maybe more depending on the violation.

LASTLY, RUNNERS ARE INFORMED, IN ADVANCE, THAT IF THEY ARE, IN ANY WAY, FEELING ILL THAT DAY OR IF THEY DO NOT BELIEVE THAT THESE STEPS GO FAR ENOUGH, THAT THEY SHOULD NOT ATTEND! THEY WILL ALSO BE INFORMED THAT, IF STAYING HOME BECAUSE THEY FEEL ILL, PRETZEL CITY WILL REFUND THEIR ENTRY FEE, TO FURTHER ENCOURAGE THEM TO STAY HOME.