



## THE PAGODA PACERS A.C.'S 31st ANNUAL SHIVER BY THE RIVER 5K and 10K

Continues into APRIL!!! We are adding an April race to replace the cancelled Dec race

**Sunday Apr.11, 2021**

**Jim Dietrich Park, Muhlenberg Twp., Reading Pa.**

Conducted in cooperation with the Muhlenberg Twp Parks and Recreation Department

Directed By the PAGODA PACERS A.C., [www.pagodapacers.com](http://www.pagodapacers.com) Insured by Road Runners Club of America

We will continue the same COVID changes we used with our other races for the 20-21 season. Due to the COVID virus we are implementing some changes in an effort to keep everyone safe. Please read all information below!!! We ask all runners to wear a mask when approaching registration. Due to mandated limits placed on group gatherings, we request that spectators refrain from attending; with the exception of a legal guardian for minors. To further alleviate crowds, the 5K and 10K will start at different times. **You must run the race distance you registered for, (there is no changing mind mid-course as in past years.)**

**5K will begin at 10:00 / 10K will begin at 10:10. Registration opens at 8:30AM**

**This will not be run as a series. It will be 4 individual races. Everyone gets a finisher award!!**

Per RRCA insurance guidelines, the Pagoda Pacers strongly discourage the use of headphones during any Pagoda Pacer event, including training runs, and races. **ROAD OPEN TO TRAFFIC DURING RACE**

*Proceeds benefit Pagoda Pacer Scholarship Fund and health & fitness activities supported by the Pagoda Pacers.*

Questions can be directed to [shiverdirector@pagodapacers.com](mailto:shiverdirector@pagodapacers.com) or Sue Jackson 610-780-4588 or Georgine McCool 610-927-1606

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**AWARDS:** 1<sup>st</sup> Overall Male & Female in each of the 5k and 10k.

**PARTICIPANT LIMIT:** The number of participants will be limited based on state, CDC and RRCA regulations, regarding outdoor events. Currently the field is limited to the first 200 runners each month (Combined total for both races). Please register early to reserve a spot.

**5k/10k ENTRY FEE:** Shirts will not be available for sale at the race -

Fee without Shirt: **\$15 per race if registered by Sunday 3/28/21, after that \$18**

Fee with Shirt: **\$25 per race, includes guaranteed T-Shirt if registered by Sunday 3/28/2021**

Afterwards \$30 shirts available while supplies last.

**REGISTRATION: Online Registration ONLY, pre-registration only; no race day registration.; no mail-in registration.**

Register online at [www.pretzelcitysports.com](http://www.pretzelcitysports.com) (Nominal serv. Fee applies, closes midnight, the Wed. before race day

**WHAT YOU GET:** Each runner will receive a unique finishers award and individually wrapped snacks plus a Covid related shirt, if registered for one. The same shirt design will be used for all 20-21 Shiver races. Shirts will be Long Sleeve Cotton/Polyester.

**DAY OF RACE/ BIB PICK UP:** Opens at 8:30. Weather permitting, registration will be outside; if we are inside, we may need to limit the number entering the farmhouse and we ask runners to get their bib, shirt if registered for one and exit the farmhouse. Only runners and one legal guardian, for minors, will be allowed in the farmhouse.

**AVAILABLE SHIRT SIZES:** XS, S, M, L, XL, XXL.

**RACE CANCELLATION:** If, and only if, the weather is mega-foul and predicted to get worse, the status of the race may be checked at [www.pagodapacers.com](http://www.pagodapacers.com) and at the Pagoda Pacers Discussion Group Facebook page. Cancellation should also be listed on the scrolling bar on [www.pretzelcitysports.com](http://www.pretzelcitysports.com). If there are drastic Covid changes, causing us to cancel/postpone the race, the above will be used to relay that information, along with an email blast to everyone who registered for the April race.

**RACE ADDRESS:** 4899 Stoudt's Ferry Bridge Rd. Reading PA 19605