"UGLY MUDDER" 10K TRAIL RACE READING, PA

TRUST US, IT'S UGLY!! RUNS A LOT TUFFER THAN ITS LISTED DISTANCE!

SUN., MAR. 7, 2021 * 10 A.M. * ENTRY LIMIT OF 250 DUE TO FIELD LIMIT, ONLINE ENTRY ONLY. RACEDAY ENTRY DOUBTFUL! If state limit is below 250, staggered start times/packet pickup times may be used

With restrictions on movie theaters, restaurants, bars, gyms, expos, etc. predicted throughout the winter, by early March, you're going to be PRETTY DAMN SICK of looking at the same walls day after day after day (our sincere hope is that that is the only "sick" that you get). ONLY in this unique time will you WELCOME the site of trail surfaces that are not all that good looking, weather conditions that are not all that favorable, trees with all their leaves missing, volunteers that are not all that friendly or accommodating, etc. Yes, 2021 may be the ONLY year that the UGLY Mudder becomes the PRETTY Mudder in the minds of many of you. Because even "roadkill" looks like a 7course feast when you haven't eaten for weeks! The Ugly Mudder course is almost entirely different from our Chilly Cheeks course and about 25% easier than the Cheeks; mostly due to fewer outrageous uphills and technical downhills. But that is not to say that it's EASY! Its new course also contains tons of rocks and roots, downed trees, poor footing, ups & downs and others things you would find in a "rustic" trail run. Yet, it can be finished by ANYONE that does the slightest degree of training. Like all our trail races, it has things like unique aide stations with alternate beverages, bizarre on-course signs, a course that even the "dimmest" of us could follow, tons of awards, memorable shirts, etc. Naturally, it will be different than in years past! Our breakfast buffet and cash bar, both inside, are gone, due to state guidelines and the logistical nightmare of having a buffet AND holding it outside. However, we HAVE come up with a system that will get you a free or heavily subsidized hot item outside which will ALSO allow you to purchase a brew at our outside bar. And Pretzel City's covid precautions WILL be mandatory; covering your face at ALL times except for racing, eating/drinking and wiping away snot. But the event will be as ugly as ever! Come finish a race that proves you don't have to be "4 beers into a 6-pack" for something to look "better looking" than it actually is. Insurance Provided by Road Runner Clubs of America (R.R.C.A.)

Registration on www.pretzelcitysports.com required

(small service fee applies, closes at midnight on Wed the week of the race)

YOU GET: Soft style short sleeve "M or F cut" shirt in sizes S thru 2X with a memorable design and no sponsors on the back, indoor toilets, lots of goodies at the finish line, WELL marked course, plenty of parking, 2 water stops, finish place posted immediately & results on www.pretzelcitysports.com the 1st business day after the race, EMS on site. VERY limited free or heavily subsidized hot food item and an outside cash bar at the finish.

<u>AWARDS</u>: M & F 1st & 2nd Top M & F plus: 0-39: 6M, 6F 40-49: 4M, 4F 50-59: 4M, 4F 60-67: 4M, 3F 68+ 2M, 1F. Clydesdale Awards: Top 3 M & F regardless of age. Weight Mins: 210 lbs for men, 160 lbs for women.

Questions? Problems? Contact Ugliest Head: Ron Horn, rhornpcs@aol.com, 610-779-2668 day or night