

Age Group & Awards

Prizes awarded to Overall
Male & Female Winner and
Top Two Male & Female
in each age group:

<u>Male</u>	<u>Female</u>
14 & Under	14 & Under
15-19	15-19
20-24	20-24
25-29	25-29
30-34	30-34
35-39	35-39
40-49	40-49
50-59	50-59
60-69	60-69
70 & Over	70 & Over

Ephrata Rec Center's Mission Statement:

***"To improve the quality of
life by providing
wholesome, affordable
recreation opportunities to
the citizens of the
Ephrata area"***

SAVE THE DATE...



What's better than one race?
How about three?
Sign Up and Win Big in
Rec Center of Lancaster
County's 5K Race Series
Register at active.com!



Inaugural RE-RUN!

Join us for all three races in 2021:

Memorial Day 5K: **May 31** Ephrata recCenter
Honey Run 5K: **August 22** Hempfield recCenter
Pretzel Twist 5K: **September 18** Lititz recCenter
\$60 Once & Done Registration for all 3 events!

ephrata
recCenter

3rd Annual

Memorial Day 5K

Monday, May 31
8:00 a.m.

130 S. Academy Dr. Ephrata
717-738-1167
ephratarec.com

3rd Annual Ephrata Rec

Memorial Day 5K

Monday, May 31 8:00 a.m.

T-shirt for
first 100
registrants!
Must register
by May 24 to
qualify for
shirt!

Race Registration	\$\$	Deadline
Pre-Registration	\$20	Mon. May 24
After May 24/Day of	\$25	Registration opens 7:00 a.m. day of race

Memorial Day 5K FAQs

- Pre-Race packet pick-up:
Sun. May 30 12:00 pm - 2:00 pm
- Race Day Registration begins at
7:00 am on the EASD Track—located
beside the Ephrata Rec Center
- Race Location: starts on EASD Track
- Prizes will not be mailed
- All the proceeds go towards Ephrata
Recreation Center youth programs
- Contact Maria Rotella at 717-738-1167
x106 for additional info.

Timing By Pretzel City Sports

**Checks payable to
Ephrata Rec Center
Return to: Ephrata Rec Ctr.
130 South Academy Dr.
Ephrata, PA 17522
Attn: Maria Rotella
Pre-Register at the Rec or
online at ephratarec.com or
pretzelcitysports.com**

Memorial Day 5K Registration Form

Name: _____

Address: _____

City: _____ St: _____ Zip: _____

Email: _____

DOB: _____ Phone: _____

Gender: M or F Age on Race Day: _____

T-shirt Size (Circle One) S M L XL XXL

In consideration of the acceptance of this entry, I, the undersigned, intending to be legal bound hereby, for myself, my heirs, executors, administrators and personal representatives, hereby waive and release any and all rights and claims for damages, illness, injuries or lessees which I have or which may occur to me against all race officials and organizations conducting or involved in this event including, but not limited to, the Ephrata Recreation Center, the Ephrata Church of the Brethren, the Ephrata Area School District and/or the Borough of Ephrata, their officers, directors, employees, representatives, successors, volunteers and assignees, that may result from my participation in this event. Further, I hereby grant full permission to the aforementioned person and organizations to use my name and/or picture in any newspaper, photography, video tape, motion picture, recording or any other account of this event for any purpose whatsoever. I understand the registration fee is non-refundable.

Date: _____

Signature: _____

Signature of legal Guardian required if under 18 years of age.