



Homeland Hospice 5K and Memory Walk SATURDAY, JUNE 19

8:30AM

Rossmoyne Business Center
5000 Ritter Road, Mechanicsburg



WHO: Runners and walkers of all ages. Gather your family, friends and co-workers and join us for a meaningful fundraising event. (stroller and wheelchair accessible)

WHAT: HOMELAND HOSPICE 5K RUN and MEMORY WALK is an annual event benefitting Homeland's benevolent care programs for residents, clients, patients and families.

WHERE: The start and finish is at Rossmoyne Business Center, 5000 Ritter Road, Mechanicsburg. Plenty of free parking.

WHEN: Saturday, June 19, 2021

7:15 to 8:15 AM – Registration

8:30 AM – 5K / Memory Walk begins

9:30 AM – Awards presentation

HOW: All participants must register. The fee is \$25 for anyone 13 and older. Children 12 and under are free.

Use the form below or online registration is available at homelandhospice.org. To be guaranteed an event t-shirt, registration must be received by June 6. If registering after June 6, t-shirts will be available while they last.

HONOR the memory of a loved one. Not only can you (and your team) walk or run in their memory, but you can also add your loved one's name to the front of this year's t-shirt with a donation of \$25. Names must be received by June 6.

RESULTS: Professional timing will be provided. Race results will be posted at pretzelcitysports.com.

AWARDS: \$100 awards will be presented to the 5K Overall Male and Female Champions. Ribbons will be presented to the top three (3) Male and three (3) Female finishers in eight different age brackets. **Additional awards** include: largest team, most decked out stroller, and most adorable dog.

QUESTIONS? Contact Myra at

mbadorf@homelandhospice.org or 717-221-7890

2300 Vartan Way, Suite 270 | Harrisburg, PA 17110

HomelandHospice.org



A CONTINUING CARE RETIREMENT COMMUNITY



HOSPICE

Yes! Register me for the 2021 HOMELAND HOSPICE 5K and Memory Walk.

Detach and mail this form. Registrations must be received by June 6 to guarantee a t-shirt. Registrations received after June 6 does not guarantee an event t-shirt. Please make your check payable to Homeland Hospice and mail to the address noted above. You can also donate or register online at HomelandHospice.org/5K-MemoryWalk.

Name _____ Age (on day of 5K) ____ Male ____ Female ____
(Please print.)

Address _____ City _____ State ____ Zip _____

E-mail address _____ Phone _____

- Yes, register me for the 5K and Memory Walk for fee of \$25 for each participant.
- Yes, I'd like to honor a loved one with his or her name on this year's t-shirt. I understand the fee is \$25.00.
Please print name as you would like it to appear _____.
- I cannot participate, but I'd like to make a donation. Enclosed is my check in the amount of \$ _____.

Total amount enclosed: \$ _____

5K T-shirt size *(circle one)*

Youth: S M L

Adult: S M L XL XXL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Homeland Hospice, Homeland Center, the Rossmoyne Business Center, the County of Cumberland, and all its representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature _____ Date _____

(Parent or guardian's signature if less than 18 years of age.)