

# IRONTON RAIL-TRAIL 10K RACE INFORMATION

## Saturday, August 21, 2021

**Directions to Race:** *Saylor Park: 245 N. 2ndSt., Coplay, PA 18037*

- Take Route 145 N.to Sheetz
- Turn right on Chestnut St.
- At stop sign bear left onto W. Coplay Rd
- At stop sign turn right onto Coplay Rd.
- Continue to the bottom of the hill and parking lot

### **Ironton Rail-Trail 10K Race Fee:**

\$30 until July 14  
\$35 until August 14  
\$40 Day of Race

T shirts Guaranteed if registered by August 8<sup>th</sup> 2021

Make checks payable to: *Ironton Rail-Trail*

Please mail completed form and checkto:

**KeystoneRunning Store**  
**1042 Mill Creek Road**  
**Allentown,PA 18106**

St. Luke's University Health Network and Delaware & Lehigh National Heritage Corridor are encouraging you to get out and get active. Learn more, sign up at [www.tailonthetrail.org](http://www.tailonthetrail.org) It's FREE. Log the miles you walk, run or bike, and earn prizes! Whether you're training for this event, or getting out on trails for fresh air, your miles count! Join today and help us build a healthier community...one mile at a time.

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## **IRONTON RAIL-TRAIL 10K RACE REGISTRATION**

### **Saturday, August 21, 2021**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_ Walker \_\_\_\_\_ Runner \_\_\_\_\_

Email: \_\_\_\_\_ T-Shirt Size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

Please enter me into The Keystone Running Store Rail to Trail 10KRun/Walk on August 21, 2021. I know that running a trail/road race is a potentially hazardous activity. I should not enter unless I am properly trained. I agree to abide by decisions of race officials relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contacts with other participants, the effects of weather (including high heat and/or humidity), traffic and conditions of the road/trail, all such risks being known and appreciated by me. Having read this waiver and these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive The Keystone Running Store, their officers and agents, all sponsors, their representatives and successors, including the claims or liabilities of any kind arising out of the participating in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

**Signature (Parent/Guardian if Under 18)** \_\_\_\_\_