



# RACE REGISTRATION FORM



**5K/10K Run/Walk** - Saturday, September 11 - **Dieffenbach's Potato Chips, 8960 Old U.S. 22, Bethel, Pa 19507**

Beautiful 5K & 10K course  
**7:30am** Registration Opens  
**9:00am** Race Start

**Prizes:** 1st, 2nd & 3rd place overall male and female.  
 Recognition for winners in each of the following age groups: U16, U20, U30, U40, U50, U60, 60+

**Registration:**

5K: \$30.00  
 10K: \$40.00

**Family Fun Run (Untimed):** \$50.00 per family (2 t-shirts and 2 ducks for prizes included)

Includes race participation which will be timed by Falcon Race Timing, and a t-shirt to everyone that registers by *August 28*.  
**EVERYONE RECEIVES A GOODIE BAG AND WINS A PRIZE FROM OUR DUCK GRAB!**

**Benefit Dinner Celebration** - Sunday, September 12

Join us for an all-you-care-to-eat buffet dinner by the chefs at Heidelberg Country Club! Dinner includes choice of three main entrees, salads, accompaniments, desserts, rolls, and beverages. Everyone in attendance will win an awesome prize!

**Cost:** \$30.00 per person for runners. **6:00pm** – Reception  
 \$35.00 per person for dinner only. **7:00pm** – Dinner Begins  
**8:30pm** – Awards & Prizes

Thank you for supporting the children of CIMIV school! Please complete the form below and return with your payment to VivaKids, c/o Bill Myers, 421 New Schaefferstown Rd., Bernville, PA, 19506. A separate form is needed for each run/walk participant (Unless registering for Family Fun Run). See you in September! **Register online at [VivaKids.org/Mands](http://VivaKids.org/Mands)**

Registrant: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

5K/10K/FFR Age (on race day): \_\_\_\_\_ Sex: M/F Tshirt Size (if registering by August 28<sup>th</sup>): S M L XL 2XL 3XL

Benefit Dinner (Number Attending): \_\_\_\_\_ Total: \$ \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge VivaKids, Upper Tulpehocken Township, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to VivaKids to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER. (if under 18, legal guardian must sign)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

