



Berks Benefitting THON 5K

5K run & 1-mile walk

Sunday, October 17, 2021 – 10:00 a.m. @ Penn State Berks

LOCATION/REGISTRATION: Penn State Berks, 2080 Tulpehocken Road, Reading, PA, 19610

Registration will be held outside Perkins Student Center beginning at 8:45 a.m. Runners will be permitted to park in the student lot in front of the Gaige Technology and Business Innovation building.

COURSE: The 5K run and 1-mile walk will start at 10:00 a.m. at the start line on the Luerssen field.

Signs will be posted around campus to assist you during registration and the race. 1-mile walk is untimed and does not include awards.

AWARDS: For the 5K, separate awards for the male and female winners and runners-up plus:

14 & under: 3M, 3F	20-29: 3M, 3F	30-39: 3M, 3F	60-69: 3M, 3F
15-19: 3M, 3F	40-49: 3M, 3F	50-59: 3M, 3F	70+: 1M, 1F

AMENITIES: T-shirt to all who pre-register for the 5K or 1-mile walk by September 10, 2021. T-shirt will be available to participants at 5K check-in. Refreshments at finish line, indoor restroom facilities, parking, time clock at finish, and instant results. Held rain or shine. No refunds or mailed awards. Results will be posted to www.pretzelcitysports.com 1-2 days after the event.

FEE: Early registration fee for either the 5K or 1-mile walk is \$20 if postmarked by Friday, Sept. 10, 2021 (includes t-shirt in your selected size). Registration fee is \$25 after Sept. 10, 2021, including race day (t-shirts as available). Optional Online Registration available at www.pretzelcitysports.com (nominal processing fee applies, closes on Wednesday, Oct. 13, 2021 at midnight).

DIRECTIONS TO RACE LOCATION: General directions can be found at <https://berks.psu.edu/driving-directions-berks-campus>. For more information, please contact the Race Director (contact info below).

RACE DIRECTOR: Leeana Gretskey, (570) 933-0427 or LMG5801@psu.edu.

MAKE CHECK PAYABLE TO: "Penn State Dance Marathon" memo "Berks 77" MAIL CHECK WITH FORM BELOW
TO: Penn State Berks, P.O. Box 7009, Tulpehocken Road, Reading, PA, 19610-6009
ATTN: Alexa Wojciechowski, Perkins Student Center, Room 10

PLEASE PRINT CLEARLY

Last name: _____ First name: _____

Address: _____ City: _____ State: _____ Zip: _____

Race (circle one): 5K 1M Sex: M F Race Day age: _____ Date of Birth: ____/____/____

Shirt Size (circle one): S M L XL Phone: (____) _____ A.M. or P.M.?
(circle one or both)

Email: _____ Already receiving emails from Pretzel City Sports? ___ Y ___ N

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Penn State Berks, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign).

Signature: _____

Date: ____/____/ 20__