

PRETZEL CITY'S 19TH YEAR OF TRYING TO CONVICT PEOPLE THAT WHAT THEY'RE RUNNING ON IS REALLY "TRAIL",

# "UGLY MUDDER"

## 9.5K TRAIL RACE READING, PA

TRUST US, IT'S UGLY!! RUNS A LOT TUFFER THAN ITS LISTED DISTANCE!

**SATURDAY (1<sup>ST</sup> TIME EVER), FEB 19, 2022 \* 10 A.M.**

**Online registration only due to the possible need to close registration immediately if limits or restrictions are placed on the race by the state, due to Covid.**

**Raceday entry probable but not guaranteed so enter early!**

Now, more than ever, there are SO many ways to achieve "15 minutes of fame". Do a spilt on "Tik Tok" and tear the crotch out of your pants; you'll have 2.7 million followers within a week. Take a picture of yourself at a trendy club and put it on Instagram; suddenly, people will be sending you free stuff to push on your next posting. Storm the Capital building in a Viking helmet and suddenly, LOADS of people are talking about you. And somewhere, someone is having a free beer put before them because years ago, they were a dancing zombie (3<sup>rd</sup> row, 2<sup>nd</sup> from the left) in Michael Jackson's Thriller video. Now, we'd LIKE to tell you that finishing the Ugly Mudder will also earn you "15 minutes of fame". But it won't! No one cares, including most of your family! What is WILL earn you is a lot of "self-pride" for conquering the trails that are just too darn gnarly to be in most other Pretzel City events. The Ugly Mudder course is almost entirely different from our Chilly Cheeks course and about 25% easier than the Cheeks; mostly due to fewer outrageous uphill and technical downhill. But that is not to say that it's EASY! Its new course also contains tons of rocks and roots, downed trees, poor footing, ups & downs and others things you will find in a "rustic" trail run. Yet, it can be finished by ANYONE that does the slightest degree of training. Like all our trail races, it has things like unique aid stations with alternate beverages, bizarre on-course signs, a course that even the "dimmet" of us could follow, tons of awards, memorable shirts, a covered finishing area, a cash bar at the finish, etc. **NOW, EVEN A CABLE TV PHYSIC DOESN'T KNOW WHAT THE COVID CLIMATE WILL BE BY THEN AND THEY KNOW EVERYTHING!!** So, check [pretzelcitysports.com](http://pretzelcitysports.com) leading up to raceday to see if we have to implement any mask requirements and if raceday entry is still available. Come on out and run the fastest (and only) 9.5K you have ever run (unless you did it last year which STILL had some snow on the course so you'll probably STILL be faster), on trails uglier than a debate between a vaccinated person and an "un-vacced".

## **Registration on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) required**

(small service fee applies, closes at midnight on Wed the week of the race)

**LOCATION/REGISTRATION:** Reading Liederkrantz German Singing & Sports Club, 140 Spook Lane, Reading, PA. Reg. opens at 8:45 a.m., race at 10. Fee: \$35 if entered by Fri, Feb 4<sup>th</sup>, 2022, with a guaranteed long sleeve shirt. Afterwards, \$40 while shirts last; (including raceday), \$34 when gone. We race in rain, snow or bitter cold yet on rare occasions, we MUST postpone it. Check our site above after 6 AM the day of the race **ONLY if roads are pretty much impassable (not just a little "sub-par")**. If postponed, it'll be **THE NEXT SAT** same time, same place, better weather. No refunds, mailed shirts or awards, no outside alcohol allowed on site. **Also, you are responsible for your welfare & for getting back to the start/finish!!** You WON'T get lost but if you DO, you're an adult; find your own way back. Same holds true for younger runners; they should be old enough to find their way back to the start/finish.

**YOU GET:** Long sleeve shirt in sizes S thru 2X with a memorable design and no sponsors on the back, indoor toilets, lots of goodies at the finish line, WELL marked course, plenty of parking, 2 water stops, instant results, EMS on site. Hot & cold grub & a cash bar at the finish, where you can rehydrate heavily unless you were the silly person that drove!.

**AWARDS:** 1<sup>st</sup> & 2nd Top M & F plus: 0-39: 6M, 6F 40-49: 5M, 5F 50-59: 5M, 5F 60-67: 5M, 4F (top age group for women) 68+: 3M Clydesdale Awards: Top 4 M & F. Weight Mins: 210 lbs for men, 160 lbs for women.

Questions? Concerns? Contact Ugliest Head: Ron Horn, [rhornpcs@aol.com](mailto:rhornpcs@aol.com), 610-779-2668 day or night

Insurance provided by Road Runners Club of America (R.R.C.A)