



**Saints Sprint 5K Run/Walk**  
**Kids 1/2 mile Saints Dash Fun Run**  
**May 14, 2022**  
**With Virtual Option**

**WHO:** Runners of all ages. Gather your family, friends and co-workers. Walkers are also invited to participate using the same course.

**WHAT:** The Saints Sprint 5K is a fundraiser for Saints Philip & James School.

**WHERE:** Our race will begin and end at Saints Philip and James School, 137 Roseberry St Phillipsburg, NJ 08865 Virtual Runners may run wherever they choose.

**WHEN:** Saturday, May 14, 2022

7:30 A.M. – Registration begins

9:00 A.M.- 5K begins

10:00 A.M.- Award Presentation at finish line

10:15 AM (Approximately. Immediately following the awards ceremony.) Kids Fun Run begins.

**QUESTIONS:** Call Sierra Fenton at 610-462-4352 or email fenton.sierra@spsj.org

**HOW:** Complete the form below and submit the appropriate amount. Check/Money order payable to Saints Philip & James School. Or register at <https://www.pretzelcitysports.com/online-registration/> (Nominal service fee applies, closes midnight, Wed. of race week). We will be honoring our local heroes and loved ones at this race. If you would like to run this race in honor of someone, please list their name below.

**5k Entry Fee:** \$25 if registered by May 2nd to receive a Saints Sprint 5K cotton shirt. The fee for entries received after May 2nd, including Race Day, is \$30, t-shirts available while they last. Size requests will be honored to the best of our ability but size may be substituted. (Please note the race will be wheel measured by the foot).

**5k AWARDS:** Medals will be presented to the Overall Male and Female Champion. Medals presented to the top three (3) Male and three (3) Female finishers in each of the following age brackets: 14 and under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, 70+ years.

**VIRTUAL OPTION ALSO AVAILABLE** - Not comfortable racing in person yet? Sign up for our virtual option and you can run your own race wherever you like. Help support our school! Virtual racers will not be eligible for awards.

**Virtual Entry Fee Options:** Shirts are only available if your registration is received by May 2nd.

\$25 with shirt pick-up (you will receive an email concerning shirt pick up date and site),

\$30 with shirt shipped to your home

\$20 without shirt

**Kids Fun Run:** 1/2 mile run for children ages 14 and under. \$25 if registered by May 2nd to receive a Saints Dash cotton shirt. The fee for entries received after May 2nd, including Race Day, is \$30, t-shirts available while they last. Size requests will be honored to the best of our ability but size may be substituted

**RESULTS:** Finish line and timing service by Pretzel City Sports. Race Results posted on [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

**CHECK PAYABLE TO Saints Philip & James School MAIL CHECK & FORM BELOW TO:**

**137 Roseberry St Phillipsburg, NJ 08865**

.....Please Print Clearly.....

Last Name \_\_\_\_\_ First Name: \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_ Race day age: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Race (circle one): 5K    Virtual 5K(with shirt pickup)    Virtual 5K (with shirt mailed)    Virtual 5K (no shirt)

Kids Fun Run 1/2 mile

Sex: M F Phone: \_\_\_\_\_ I am running this race in honor or memory of : \_\_\_\_\_

Adult Shirt Size : S M L XL 2XL 3XL Kids Shirt Size: S M L XL Email: \_\_\_\_\_

**WAIVER/RELEASE:** I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to SSPJ, The Diocese of Metuchan, Phillipsburg, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X \_\_\_\_\_ Date \_\_\_\_\_

*(Parent or guardian's signature if less than 18 years of age)*