

## Bridesburg Memorial Day Parade

*The Bridesburg Memorial Day Parade is one of the oldest and longest Memorial Day Parades in Pennsylvania. After World War II, Bridesburg resident, Edward Dubeck's mission in life was to make sure people remember all of the people who didn't make it home from war.*

*In the late 1970's, the United Veterans of Bridesburg was founded by Bridesburg residents, Edward DuBeck, John 'Moose' Muszynski, and the Commanders of both VFW Post 2 and American Legion Post 821 to continue to remember those who served in defense of our American values.*

*The mission of the Bridesburg Memorial Day 5K is to help raise funds to be sure that this special parade will continue to honor all who have served, past and present. Donations are greatly appreciated.*



## Bridesburg 5K

Bridesburg 5K  
Contact: Chris Whittle  
608 Crestview Road  
Philadelphia, PA 19128  
bridesburg5k@yahoo.com

## Bridesburg Memorial Day 5K

And

## 1 Mile Honor Walk



**Date: 5/21/2022**

**Time: 8:30 AM**

**Starting at Bridesburg Recreation Center**

## EVENT DETAILS

### RAIN OR SHINE EVENT

**Online registration will close on Thursday, May 19, 22 at Midnight**

**WHEN: Saturday, May 21, 2022**  
**5K Run: 8:30 AM**

**1 Mile Family Walk: 8:40 AM**

**WHERE:** Bridesburg Recreation Center, 4601 Richmond Street, Philadelphia, PA 19137.

Race Day Registration will be held from 7:00 AM to 8:00 AM in front of the Bridesburg Recreation Center. 5K Run will start at 8:30 AM.

**AWARDS:** Top 3 male and female finishers.



Scan to register now!

## Fundraising

The goal of the 5K is to raise funds for the Memorial Day Parade. If you are not able to run, you can still support the United Veterans of Bridesburg by making a donation to the parade.

## Teams

If you have never run a 5K or you just do not like doing things by yourself, recruit co-workers, friends and relatives to help you train. Or, grab your whole family and have fun on the walk! Set a fundraising goal and challenge each other! **Team registration is only available online.** Find the link on both the Bridesburg 5K Facebook page!



## Corporate and Individual Sponsorships and Volunteers Needed

**Three tiers of sponsorship:**

**Medal of Honor \$1000+**

**Silver Star \$500**

**Bronze Star \$250**

Sponsors will have their logo featured on race t-shirts.

Volunteers are needed to help on race day.

For volunteer information, contact us at [bridesburg5k@yahoo.com](mailto:bridesburg5k@yahoo.com).

## Registration Form: Mail form by May 7, 2022

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_ (under 12 free)

I will RUN \$30 \_\_\_\_\_ Walk \$25 \_\_\_\_\_  
**Add \$5 for race day registration.**

T-shirt size: S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_  
**The first 200 people to register will get a T-shirt.**

Are you a veteran? \_\_\_\_\_

USA \_\_\_ USN \_\_\_ USAF \_\_\_ USMC \_\_\_ USCG \_\_\_

I cannot participate, but my tax-deductible donation of \$ \_\_\_\_\_ is enclosed.

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, and animals are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the United Veterans of Bridesburg, the city of Philadelphia, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature / Parent if Under 18 years: \_\_\_\_\_

Date: \_\_\_\_\_

**Make checks payable to:**  
**United Veterans of Bridesburg**

**Mail form to:**

Bridesburg 5K  
608 Crestview Road  
Philadelphia, PA 19128

Contact: [bridesburg5k@yahoo.com](mailto:bridesburg5k@yahoo.com)