

# SOLID ROCK

## 5K & FUN RUN

October 1, 2022

 ENOLA LOW GRADE TRAIL  
301 E. State Street, Quarryville, PA 17516



### SOLID ROCK 5K RUN/WALK & FUN RUN | EVENT INFORMATION

**Make checks payable to:**  
Solid Rock Youth Ministries

**Mail completed and signed registration form to:**

Solid Rock Youth Ministries  
34 E State Street, Quarryville, PA 17566

	Individual	Team Member	Kids Fun Run (12U)
<b>Early Bird: May 10 – Aug. 1</b>	\$25	\$20	\$10
<b>Standard: Aug. 2 – Sept. 28</b>	\$35	\$30	\$10
<b>Day Of</b>	\$40	Not Available	\$10

## SCHEDULE

7:30AM | Registration & packet pick-up

8:30AM | Kid's Fun Run

9:00AM | 5K Run/Walk  
*(Awards ceremony to follow)*

**Race will be held rain or shine.**

## TEAMS

Get some friends or coworkers together to get a deal!  
*(Teams must have at least 5 people).*

## FUN RUN

Fun Run is 12U. Each participant will receive a goodie bag, medal, and shirt if registration is received by August 26, 2022.

## PACKET PICK-UP

Friday, September 30th from 6–8PM at Solid Rock, 34 E. State Street, Quarryville, PA 17566. Day of pick-up begins at 7:30AM.

## PARKING

Parking is available at the trailhead. Additional parking is across the street, but will be limited. Carpooling is encouraged.

## AWARDS

Overall first place M/F finishers will receive a medal and cash prize. Top 3 M/F finishers in each age group will receive a medal: 14U, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

## REGISTRATION

**Register online at:**  
[pretzelcitysports.com](http://pretzelcitysports.com)

**Register by mail:**  
Print and mail registration forms to: Solid Rock Youth Ministries  
34 E. State Street,  
Quarryville, PA 17566.

**Make checks payable to:**  
Solid Rock Youth Ministries

**Online registration closes at midnight on September 28, 2022.**

**Registration must be received by August 26, 2022 to be guaranteed a shirt and goodie bag.**  
*(After this date, shirts and bags will be limited in quantity).*

### QUESTIONS? CONTACT US:

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Race Director  
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