

Big Impact Group of Schuylkill County

# Miles For Mentoring



## 5K & Fun Run

Saturday, July 30<sup>th</sup>, 2022

Blue Mountain High School

1076 W. Market Street

Schuylkill Haven, PA 17972

5K - \$25 (pre-register by July 15th)  
\$30 (After July 15th)

Fun Run/Walk- \$20 (1 Mile) ALL AGES

ALL PARTICIPATES RECEIVE A TEE SHIRT!  
Entries after July 22<sup>nd</sup> may not receive their tee shirt that day!



7:30 AM – Check-in / Registration

8:30 AM – 5K Begins

9:30 AM – Fun Run/Walk Begins

10:00 AM – Award Presentations

### AWARDS

5K – Overall Male & Female Winner - \$100 Gift Card  
Overall Male & Female 2<sup>nd</sup> Place - \$50 Gift Card

Age Group Male & Female Winner - \$25 Gift Card

### AGE GROUPS

|            |          |          |          |
|------------|----------|----------|----------|
| 14 & Under | 15 to 19 | 20 to 29 | 30 to 39 |
| 40 to 49   | 50 to 59 | 60 to 69 | 70 +     |

\*\* Official Timing \*\*

CONTACT INFO: [bigs.doug@aol.com](mailto:bigs.doug@aol.com) or 570.622.0174 / Complete Registration below OR Go to ONLINE REGISTRATION:

Optional Online Registration: <https://www.pretzelcitysports.com/onlineform1.php?id=1716>  
(Closes midnight, the Wed before the race, nominal service fee applies.)

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_ AGE(on race day): \_\_\_\_\_

E-Mail: \_\_\_\_\_

Male or Female

5K or Fun Run/Walk

Tee Shirt Size: YM YL S M L XL XXL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Big Impact Group of Schuylkill County. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effect of the weather, including high heat and/ or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature : \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent / Guardian Signature under 18)

Make Checks payable to: BIGS, 23 Meadow Brook Drive, Schuylkill Haven, PA 17972