

Cycle Out Homelessness

5k Run/Walk

& 1 Mile Fun Run/Walk

Sat., Sept 10, 2022 ** 10 A.M ** Weissport, PA

LOCATION: The Weissport Borough Park, across from Mario's Pizza, 200 White St, Weissport. Registration begins at 9:00 am, 5k race is at 10 am, 1M fun run is at 10:45, awards ceremony slated for 11 AM. Join us for a fun event supporting a great cause! Family Promise of Carbon County has been serving homeless children and families in the Carbon and surrounding Counties for over a decade. Registration includes shirt and meal ticket for the BBQ cookoff. There will be activities for the children free of charge after the race to include a bounce house, balloon animal clown, and face painting.

COURSE: FLAT, FAST wheel-measured course on mostly shaded D&L trail. VERY scenic & a GREAT place to PR!. Clock at finish, post-race snacks, a BBQ meal for those that stick around afterwards, instant results. Rain or shine. No refunds or mailed awards. Timed by Pretzel City Sports

AWARDS: 5K: Top awards for 1st & 2nd M & F plus: 14 & under: 3M, 3F 15-19: 3M, 3F
20-29: 3M, 3F 30-39:3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-69: 3M, 2F 70+: 2M, 1F

Course Records: Be the First to Set the Record!!

ENTRY FOR EITHER EVENT: \$25 if received by Saturday, August 20th, includes guaranteed t-shirt. After that, including raceday, \$30 while shirts last; \$25 after they're gone. All entries receive a meal ticket for the BBQ Cookoff. Check charity's web site for a separate Cycling event to be held that day

Optional Online Registration available at <https://www.pretzelcitysports.com/race-applications/>

Closes at midnight, the Wed before the race. Nominal service fee applies

RACE DIRECTOR: Jaimie Phelps, 610-379-4757, director@familypromisecarboncounty.org

MAKE CHECK PAYABLE TO: All One Charities **MAIL CHECK & FORM BELOW TO:** All One Foundation & Charities, 83 East Union Street, Wilkes-Barre, PA 18701

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Last name _____ First name _____

Address _____ City _____ State _____ Zip _____

Circle one: 5K 1M Sex: M F Race day age: _____ Date of birth ____/____/____

Shirt Size (circle one) : S M L XL XXL Phone: (____) _____ A.M. or P.M.??
circle one or both

Email: (print clearly) _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, All One Foundation & Charities, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____

date ____/____/ 20__