



Rain or Shine
Cash Prizes

August 6, 2022 5K Run/Walk | 1-Mile Fun Run/Walk

Benefiting the Joseph T. Simpson Public Library

LOCATION:

Winding Hills Park—North & South 901 E. Winding Hill Road (Upper Allen Township) Mechanicsburg, PA 17055

WHEN:

7:45 am Check-in begins

8:30 am 5K Run/Walk begins

9:15 am 1-Mile Fun Run/Walk begins

9:30 am Awards presentation

REGISTRATION FEES:

On or before July 25:

\$25 pre-registered 5K participant

\$10 Family Fee for 1-mile Fun Run/Walk (no shirt)

\$5 Single Fee for 1-mile Fun Run/Walk (no shirt)

After July 25 through Race Day:

\$30 per 5K participant (shirt not guaranteed)

\$10 Single/Family Fee for 1-mile Fun Run/Walk (no shirt)

Family registration available with mail-in registrations only. All registrations must be in same envelope.

COURSE: In-person or Virtual

The 5K runs through paths in both Winding Hills Park North and South as well as through neighborhood paths and roads.

RESULTS:

Finish line and timing service by Pretzel City Sports. Race results posted on www.pretzelcitysports.com and on the library's web page within 72 hours after the race at www.simpsonlibrary.org.

AWARDS: 5K medals given to 1st, 2nd, and 3rd place in each age group; cash and medal prizes given to top 5K three male and female finishers overall and top Veteran* finisher. No medals for 1-Mile Fun Run/Walk or virtual participants.

5K AGE GROUPS:

14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & over

CONTACT INFORMATION: Dawna Trump at dtrump@cumberlandcountylibraries.org or 717-766-0171.

OPTIONAL ONLINE REGISTRATION AVAILABLE

https://www.pretzelcitysports.com/online-registration/

PLEASE CHECK ONE: In Person 5K	Virtual 5K	ONE REGISTRATIO	ON FORM PER PERSON
Name	Email		
Address	City, State, Zip		
Phone	Age on Race Day	Male _	Female
Shirt Size—register by July 25 to guarantee shirt availability	Are	you a Veteran*?	Yes No
Adult S Adult M Adult L Adult XL _	Adult 2XL	Youth S	Youth M Youth L
5K participant (\$25 on or before July 25; \$30 after July 3 *Same cost for in-person or virtual.	25) 1-N		\$5 Single/\$10 Family Rate; \$10 per shirt)
Virtual-shirt pick up at library post race.		osed (checks payable to N. Walnut St., Mechanic	o Simpson Public Library, sburg, PA 17055)
I certify that I suffer no conditions likely to cause me injury or illness from participation in this event. I waive and release any and all rights I may have against the Joseph T. Simpson Public Library, sponsors, their agents, employees, tenants, volunteers, and Upper Allen Township for damages, injurie or losses I may suffer as a result of this event. I grant permission to the aforementioned to use my name and/or photography or videotape of this event without limitation or obligation.			
Signature (REQUIRED) Date	Parent/Guard	lian Signature (if ur	nder age 18)