

# 2022 Registration Form



October 8, 2022

Gring's Mill Recreation Area, Reading, PA

**Location Registration:** Starts at Gring's Mill Recreation Area, 2083 Tulpehocken Rd, Reading, PA 19610.

Registration opens at 8:00AM. 5K is at 9:00 AM, Awards @10AM

**Course:** FLAT & FAST! Out & back course running along the scenic Tulpehocken Creek, on packed cinder & paved trails.

**Amenities:** T-shirts to all pre-registrants of 5K. Refreshments and snacks for finishers, free parking, time clock at finish and instant results. **Held rain or shine. No refunds or mailed awards.** Results posted on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) the next business day.

**Awards:** Awards for the Overall 1st, 2nd & 3rd male and female finishers plus: **14 & under:** 3M, 3F **15-18:** 3M, 3F **19-29:** 3M, 3F **30-39:** 3M, 3F **40-49:** 3M, 3F **50-59:** 3M, 3F **60-69:** 3M, 3F **70+:** 3M, 2F

**Entry for the 5K Race:** \$20 if received by September 1st with guaranteed shirt. Afterwards, including day of race, \$25 while shirts last.

**Registration:** Online registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com) (small service fee applies, closes at midnight on October 5th) Mail: Make Checks Payable to "Reading-Berks Association of REALTORS" - Mail Check & Registration Form to: Reading-Berks Association of REALTORS, 2201 Ridgewood Rd, Ste 350, Wyomissing, PA 19610 received by September 30, 2022.

**\*\*IF YOU ARE DISPLAYING ANY COVID-LIKE SYMPTOMS ON THE DAY OF THE EVENT, (i.e. fever, cough, etc.) YOU WILL NOT BE ALLOWED TO PARTICIPATE\*\***

Event Coordinator: Brittney Baker Shurr, [info@realestateinberks.com](mailto:info@realestateinberks.com) 610-375-8458

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Sex: M F Race Day Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Shirt Size (Circle one) S M L XL XXL

Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

E-Mail: \_\_\_\_\_@\_\_\_\_\_ Already Getting emails from Pretzel City? \_\_\_\_ Yes \_\_\_\_ No

**WAIVER:** I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there could be hazards on the course and assume the risk for running on the trail. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the trails, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Reading-Berks Association of REALTORS, Pretzel City Sports, the County of Berks, including their Parks & Recreation Department and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature whatsoever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I am granting permission to all parties involved with the race to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. **I understand that if I am displaying COVID-like symptoms, that I will not be allowed to participate in the event, symptoms may include fever, cough, nasal congestion, etc. I HAVE READ AND UNDERSTAND THIS WAIVER:**

Signature \_\_\_\_\_ (if under 18, legal guardian must sign) Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Proceeds from this race benefit the following organizations:** Habitat for Humanity of Berks County and Neighborhood Housing Services of Greater Berks, Inc.