

How does your
contribution help NCC
students?

All proceeds from this event will go toward **Spartan Aid***. This is a fund created to assist NCC students who have financial difficulties that are not able to be solved through other means. Some examples include bus passes, textbook assistance, gas and supermarket gift cards, uniforms, help with rent, utilities and internet access. Since the start of the Spartan Sprint 5K Run/Walk in 2014, hundreds of students have received assistance. Our ultimate goal is to help students meet these needs in order for them to complete what they start here at NCC. **Direct donations to this fund are also accepted.**



For more information, contact:

Beatriz S. Messina
Phone: (610) 861-4145
Email: bmessina@northampton.edu



**12th Annual
Spartan Sprint 5K
Run/Walk &
Family Day**



***Awards for top 3
runners in each age
category!***

Saturday, September 26, 2026 10:00 AM
Family Day activities will be from 9:00 to 2:00

5K packet pickup & same day registration
opens at: 8:30 AM

No prior day packet pickup available

NCC Bethlehem Campus
3835 Green Pond Road
Bethlehem, PA 18020

All proceeds support Spartan Aid *

Schedule of Events

Location: NCC Bethlehem Campus: Tribute garden behind Penn hall.

8:30 AM - 9:45 AM —Registration/Packet Pick-up
10:00 AM ————— Run & Walk Start
Awards following

9:00 AM-2:00 PM —Family Day

No prior day packet pickup available

Registration

First 75 participants guaranteed a T-shirt.

Deadline for pre-registration is

Wednesday September 23, 2026 at 6:00 p.m.

No refunds. Race day registration available
(credit card only).

Online Registration:



Paper registrations may also be mailed to:
Northampton Community College
C/O Beatriz S. Messina

Sute 341

3835 Green Pond Rd.

Bethlehem PA 18020

**Please make checks payable to:
Northampton Community College**

About the Race

The course starts and finishes on NCC's Bethlehem campus. The point to point course is mostly flat and fast, on paved roads between Northampton Community College and through a beautiful local neighborhood. Post-race raffle, music, and family day fun for everyone! Strollers and pets welcome behind the runners. Pets must be leashed. **Please note this race is rain or shine. Extreme wind or thunderstorms may delay or cancel the race. No refunds will be given.**

This race is not related to Spartan style obstacle races.

Awards

Awards for overall male and overall female; awards to 1st, 2nd, & 3rd female and male finishers in each age bracket: (No duplication of awards)

14 and under

15-19

20-29

30-39

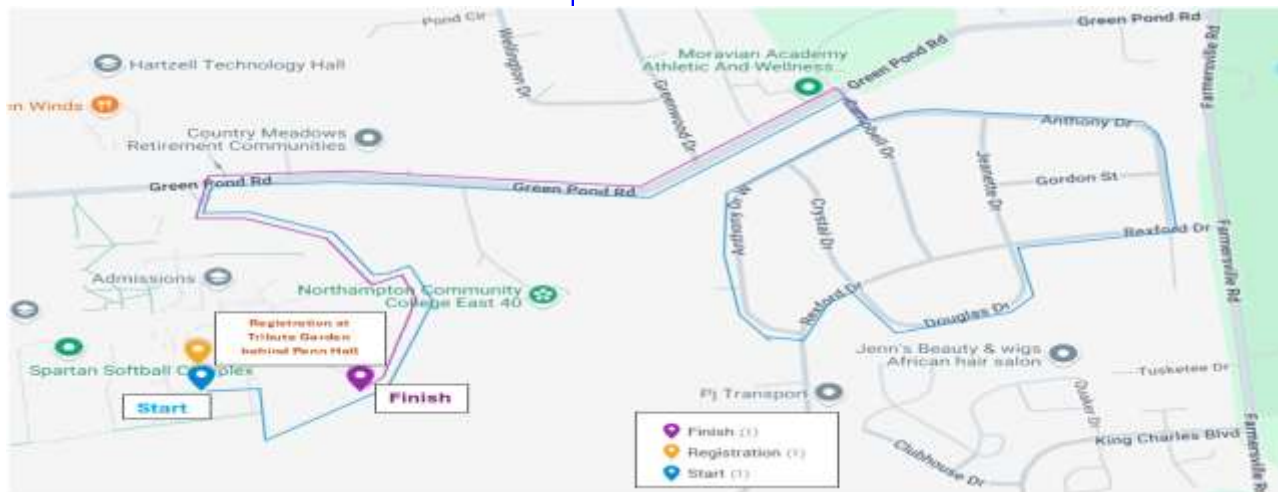
40-49

50-59

60-69

70 +

Course Map



Registration Form

(Please print clearly)

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Date of birth _____

Age (on 9/26/26) _____

Early bird rate through 8/26/26 at 11:59 p.m. is \$25.

☐ Female ☐ Runner— \$30 (\$40.25 for guaranteed t-shirt)

☐ Male ☐ Walker — \$30 (\$40.25 for guaranteed shirt)

☐ Virtual ☐ Student Runner \$10 (\$20.25 for guaranteed shirt)

☐ Student Walker-\$10 (\$20.25 for guaranteed shirt)

(Student may be from NCC, K-12, or other college)

T-shirt Size:

☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ XXXL ☐ No T-shirt

**The first 75 registrants will receive a race t-shirt, if you
Would like a guaranteed t-shirt, add \$10.00 for s, m, l,
xl, and \$12.00 for XXL or larger**

I verify that I am physically fit and sufficiently trained to participate in this event. In consideration of the acceptance of this entry, I, for myself, my heirs, my executors, and administrators, hereby waive any and all rights and claims for damages, injuries, or losses that I may have against Northampton Community College any and all race officials, as well as any other person, company, or organization connected with the Spartan Sprint 5K Run/Walk, their heirs, executors, administrators, successors and assigns for any and all damages, injuries or losses which I may suffer while taking part in this event or as a result of. I hereby release photographer from all claims and liability relating to said photographs.

Signature of participant:

Signature of parent/guardian if under age 18: