

# Berks Benefitting THON

## 5K Run & 1 Mile Kids Fun Run/Walk

Sunday, October 9, 2022 – 10:00 a.m.  
@ Penn State Berks

**LOCATION/REGISTRATION: Penn State Berks, 2080 Tulpehocken Road, Reading, PA 19610**

Registration will be held outside Luerssen Academic building beginning at 8:45 a.m. Runners will be permitted to park in the student lot in front of the Gaige Technology and Business Innovation building.

**COURSE:** The Kids Fun Run will start at 9:40 a.m. on the Luerssen field. *Children ages 12 and under are encouraged to wear costumes as they run alongside the Nittany Lion and other fun characters around the Luerssen field!* The 5K Run will start at 10:00 a.m. at the start line outside the Luerssen building. Signs will be posted around campus to assist you during registration and the race. Kids Fun Run is untimed and does not include awards.

**AWARDS:** For the 5K, 3 separate awards for the male and female winners of each age group and 1 separate award for 70+:  
14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

**AMENITIES:** T-shirt to all who pre-register for the 5K by September 10, 2022. T-shirt will be available to participants at 5K check-in. Refreshments at finish line, indoor restroom facilities, parking, time clock at finish, and instant results. Held rain or shine. No refunds or mailed awards. Results will be posted to [www.pretzelcitysports.com](http://www.pretzelcitysports.com) 1-2 days after the event.

**FEE:** Early registration fee for the 5K is \$25 if postmarked by Friday, Sept. 10, 2022 (includes t-shirt in your selected size). Registration fee is \$30 after Sept. 10, 2022, including race day (t-shirts as available). Optional Online Registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com) (nominal processing fee applies, closes on Wednesday, Oct. 5, 2022, at midnight).

**DIRECTIONS TO RACE LOCATION:** General directions can be found at <https://berks.psu.edu/driving-directions-berks-campus>. For more information, please contact the Race Director (contact info below).

**RACE DIRECTOR:** Arizona Shreck (570) 419-3099 or [ajs8468@psu.edu](mailto:ajs8468@psu.edu)

**MAKE CHECK PAYABLE TO: "Penn State Dance Marathon" memo "Berks 77" MAIL CHECK WITH FORM BELOW**  
**TO: Penn State Berks, P.O. Box 7009, Tulpehocken Road, Reading, PA, 19610-6009**  
**ATTN: Alexa Wojciechowski, Perkins Student Center, Room 10**

**\*PLEASE PRINT CLEARLY\***

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_  
Zip: \_\_\_\_\_

Race (circle one): 5K 1M Sex: M F Race Day age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Shirt Size (circle one): S M L XL Phone: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_ Already receiving emails from Pretzel City Sports? \_\_\_ Y \_\_\_ N

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, Penn State Berks, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign).

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/ 20\_\_