



RE/MAX Synergy present the 3rd Annual:

# RE/MAX SYNERGY Community 5k



## Saturday Nov 5th 9:00 AM - Lake Dr Park & Recreation A.M



**8:00 AM-** Registration/number pickup.  
**9:00 AM-** 5K BEGINS  
**9:45-** FUN RUN BEGINS

This year's community beneficiary is "Amity Fire Company"



### FAMILY FUN - 50/50 RAFFLE



**COURSE:** course runs through residential area of Amity Gardens. Clock at finish, refreshments, Rain or shine. No refunds or mailed awards.

**AWARDS:** 5K: Separate awards for the male and female winners and runnerups plus:  
14 & under: 3M, 3F 15-19: 3M, 3F 20-24: 3M,3F 25-29: 3M, 3F 30-34:3M, 3F 35-39: 3M,3F 40-44: 3M, 3F 45-49:3M,3F 50-54: 3M, 3F 55-59 3M,3F 60-64: 3M, 3F 65+: 3M, 3F

**Note: Participants in both the 5k & fun run must enter twice**

**ENTRY:** 5k: \$25 if postmarked by Monday Oct 17, 2022 incl. guaranteed t-shirt.. Afterwards, incl. race day, \$30 while shirts last. Fun run is \$7 pre race, \$10 day of race.

Optional Online Registration available at [www.pretzelcitysports.com/race-applications](http://www.pretzelcitysports.com/race-applications)

(Nominal processing fee applies, closes at midnight, the Wed. of race week)

RACE DIRECTOR: John Chernesky, 610-960-5868 or email me at [john@johnchernesky.com](mailto:john@johnchernesky.com)

ReMAX SYNERGY Facebook page > EVENTS

MAKE CHECK PAYABLE TO "Amity Fire Company"  
MAIL CHECK & FORM BELOW TO:  
RE/MAX Synergy 180 Old Swede Rd #4, Douglassville, Pa 19518.



Last name \_\_\_\_\_ First name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Circle one: 5K 1Mile Fun-Run Sex: M F Race day age: \_\_\_\_\_ Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Shirt Size (circle one) : S M L XL Phone: (\_\_\_\_) \_\_\_\_\_ A.M. or P.M.?  
Circle one or both

Email: (print clearly) \_\_\_\_\_

Already getting Pretzel City emails regularly?  Yes  No WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, RE/MAX Synergy Community 5K, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to

Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_

date \_\_\_\_/\_\_\_\_/ 20\_\_

# 5K COURSE OUTLINE

