

APOCA 5K LITITZ

SATURDAY, OCTOBER 29, 2022

AWARDS - COSTUME CONTEST - REFRESHMENTS

RACE STARTS AT 9:00 AM



BENEFITING:

VENTURELITITZ
enhancing our community

RAIN OR SHINE EVENT

FEES NON-REFUNDABLE

ONLINE REGISTRATION:

(ENDS MIDNIGHT 10/26/2022)

<https://www.pretzelcitysports.com>

REGISTRATION BY MAIL:

Make Checks Payable to Venture Lititz

mail with payment to:

Venture Lititz - ApocaLititz 5K

7 South Broad Street, Lititz, PA 17543

COURSE:

Stoll & Wolfe Distillery to North Lane to
Warwick to Ephrata Rail Trail & Loop Back

RACE PACKET PICKUP:

Friday, October 28, 2022

3 - 6 PM @ Hotel Rock Lititz

50 Rock Lititz Blvd, Lititz, PA 17543

Saturday, October 29, 2022

7 - 8:30 AM @ Stoll & Wolfe Distillery

35 North Cedar Street, Lititz, PA 17543

5K AWARDS:

Overall 1st Place - Male & Female

Top 3 Male & Female in each age group:

Under 14, 15-19, 20-29, 30-39,

40-49, 50-59, 60-69, 70+

Virtual Run Participants are not eligible for awards.

FUN AWARDS:

Best Costume - Adult & Child

Scariest Costume

Best Group Costume

ALL IN-PERSON PARTICIPANTS RECEIVE

RACE GOODY BAG

1 COMPLIMENTARY BEER (OVER 21)

REFRESHMENTS AVAILABLE FOR PURCHASE

RACE DIRECTOR:

KIM LEVENSON | CELL: 717.964.0174

EMAIL: [KIM@HOTELROCKLITITZ.COM](mailto:kim@hotelrocklititz.com)

RACE REGISTRATION FORM

(Check event entered)

In-Person 5K Run

Postmark by September 30th - Guaranteed Shirt

5K Run (\$35) Ages 18+ 5K Run (\$25) Ages 9-17

Postmark after September 30th - Shirt Based on Availability

5K Run (\$40) Ages 18+ 5K Run (\$30) Ages 9-17

5K Run (\$20) No Shirt Kid 5K Run Under 8 (\$0)

Ages 8 & under will not receive a shirt.

Virtual 5K Run

Choose your own location & time to run (or walk) your race.

Complete your race between now & October 29th, 2022.

Register before 9/30 & shirt will be shipped to your home.

Virtual Registration after 9/30 will not receive a shirt.

Before 9/30 - (\$30) After 9/30 (\$20)

SHIRT SIZE: (CHECK ONE)

Youth Large Small Med Large X-Large XX-Large

RUNNER'S INFORMATION:

Last Name: _____

First Name: _____

Male Female Age on Race Day: _____

Address: _____

City: _____

State: _____ Zip: _____

Email: _____

Emergency Contact Person: _____

Emergency Contact Phone: _____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter & run unless I am medically able & properly trained. I also know that there will be traffic on the course & assume the risk of running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather, & the condition of the roads, all such risks being known & appreciated by me. Knowing these facts, & in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, & waive, release & discharge (Venture Lititz, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any & all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Venture Lititz and/ or Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction, or compensation.

I HAVE READ & UNDERSTAND THIS WAIVER:

Signature _____ Date _____

(if under 18, legal guardian must sign)