



Saturday, November 4

RUCK 'N WALK

LV VETERANS & MILITARY
COUNCIL 5k

West Bicentennial Park
5351 Park West Lane, Bethlehem, PA 18017

This is a rain or shine event

Join us for the 5k Ruck 'N Run/Walk with Lehigh Valley colleges, universities, employers, and veteran supporters to recognize and honor all veterans and military members.

- 8 AM | Registration at Middle Pavilion
- 9 AM | 5K Start
- 9:45 AM | Fun Run/Walk Start
- 10:30 AM - 11AM | Awards

Beneficiary



SHAMROCK REINS

Choose Your Event:

5k Ruck | 5k Run/Walk | 1 Mile Fun Walk

Top performing teams and participants will be recognized with associated bragging rights!

TO REGISTER PLEASE VISIT:

runsignup.com/VMC5k

TO SPONSOR PLEASE CONTACT:

alisonp@lehighvalleychamber.org

Presented By:



Sponsors as of 8/15

