



Meadowview Thanksgiving Day 5K is open to Meadowview Estates, Lindenwood and Canterbury families and friends as well as the Mechanicsburg Cross Country Families. Our XC athletes will serve as volunteers.

SPONSORS NEEDED! Please contact Terrie Evans at rikter@comcast.net

Proceeds go to Mechanicsburg Cross Country Boosters.

DETAILS: Registration will be open from 8:00 AM until 8:30 AM ONLY.
Start Time: 5K at 9AM Lil' Trot at 10:00 AM

START LOCATION: 1713 Morning Star CT, Meadowview Development, Mechanicsburg, PA 17055

PARKING: IMPORTANT! Please park at Friendship Park to avoid parked car hazards during the race.

Prohibited: No bikes, baby strollers or pets will be permitted during the Lil' Trot. This is to protect our little turkeys!

ONLINE REGISTRATION ONLY – No Mail In Registrations– Race Day Registration WILL be Available

Online Registration Available at <https://www.pretzelcitysports.com/online-registration/>
(Nominal service fee applies, closes at midnight, Monday Nov. 21st)

5K REGISTRATION: \$25.00 until November 16 at midnight, includes Long Sleeve performance shirts in maroon with gold print. Unisex sizes XS-3XL, Woman's sizes XS-L. Registration increases to \$30 November 17, Deadline for long sleeve performance shirt is Nov. 21st. Online registration closes November 21, 2022. Race day registrations only after this time. Race day registration \$30, shirt not included

LIL' TROT REGISTRATION: (for ages 10 & Under) \$12.00 until November 16 at midnight includes Short sleeve 50/50 T-Shirt youth sizes XS-XL. (Same print as 5k) Registration increases to \$15 November 17, medals are not guaranteed but will be provided as supplies last. Deadline for T-shirts is Nov. 21st. Online registration closes November 21, 2022. Race day registrations only after this time. Race day registration \$15, shirt not included. Unfortunately medals will not be available for race day registrations unless there are extras.

5k AWARDS: 1st Over-all Male & 1st Over-all Female, Plus 1st, 2nd & 3rd Place Male & Female in the following age groups: 10 & Under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59 and 60 Plus

5k AWARDS: 1st Place M & F Over-all Winners: \$25 Gift Card
Age Group: 1st Place Large Pie 2nd Place Small or Half Pie 3rd Place Small Bread Loaf

LIL' TROT AWARDS: ALL preregistered Lil' Turkeys receive a medal!

Questions or Concerns: Call or Text, Terrie at 717-460-6188

COURSE

Meadowview Course Map
Thanksgiving Day 5K
9 AM

