

Pretzel City Sports presents the 11th annual

“HumBug Bustle 5k”

Sat, Dec 17, 2022 10 AM

Trooper Thorn's Irish Beef House, Rt. 10, Reading, PA

"Pretzel City's holiday present to those that love to race every weekend"

Online registration required so that we have a central source of emails to use for contacting people in the case of a postponement due to weather

Ever try to find a race on the weekend RIGHT before Xmas AND in a year STILL impacted by Covid?? Well, you MAY be looking at the only one in North America! It's our last chance this year to get together at Trooper Thorns and wish our fellow runners Happy Holiday while quaffing a free select brew! Join us for the last full weekend before Santa/Amazon comes & gives us loads of presents, peace on earth & HUGE credit card debt.

LOCATION: Trooper Thorn's Irish Beef House, 451 Morgantown Rd. (Rt 10), Reading, (1/2 mile off Lancaster Ave exit of the Rt. 422 Reading Bypass-take an immediate left after leaving the Reading ByPass). Registration opens at 9 AM. Race is on Thun RailTrail behind Troopers, almost road-like. Clock at finish, light snacks, instant results, great meals for purchase, loads of street parking, etc. **1 FREE SELECT BEER WITH EACH ENTRY!** Walkers welcome. NOTE: In the case of the trail being snow-covered, an alternate road course will be used.

AWARDS: 1st M & F + top 3 Males & Females in the following: 0-14 15-19 20-29 30-39 40-49 50-59 60-67 68-74 (68+ is top women's age group) and 75+ (2 M) Clydesdales: Top 3 M and F Clydes regardless of age.

Qualifying Weight: Men: minimum of 210 lbs or 185 if 5 ft, 9 inches tall or less. Women: minimum of 160 lbs, 140 if 5 ft, 4 inches tall or less.

SPECIAL AWARDS: prizes to be given for the males, females & groups most displaying their Holiday spirit thru their attire. Need to register in your outfit, may remove some of it right before the race, if running in it is a pain.

ENTRY: with long sleeve cotton T-shirt: \$28 if entered by Wed, 12/7/22, \$33 after that, including raceday while supplies last; \$28 when gone. A free beer with entry. **with no shirt:** \$23 if entered by Wed, 12/7/22, \$28 after that, including raceday. A free beer with entry. Held rain, shine, snow or snow on ground. No refunds, mailed shirts or awards. Insurance by R. R. C. A. Limited number of extra shirts ordered so PREREGISTER! Note: shirt type may be changed if availability problems exist with cotton shirts. Shirt sizes available: S M L XL & 2X.

SNOW DATE IF POSTPONED DUE TO WEATHER-SAT JAN 7, 2023. Alternate road course to be used if the Thun is covered with deep snow. With this other course, we don't expect to have to use our snow date.

Online Registration on www.pretzelcitysports.com until midnight, the Wed of race week
(nominal service charge applies. Raceday registration available unless state sets limits)

Questions? Race Director: Ron Horn: (610)779-2668
rhornpcs@aol.com (bestway to contact)
