

# “UGLY MUDDER”

## 10K (PROJECTED) TRAIL RACE READING, PA

TRUST US, IT'S UGLY!! RUNS A LOT TUFFER THAN ITS LISTED DISTANCE!

SUNDAY, FEB 26, 2023 \* 10 A.M.

**Online entry required so we have a central source of emails to use for emailing people in case of postponement due to weather or if the state puts occupancy limits on places with alcohol**

Unless you live under a rock, you know that everything is going UP! (except for your income). We now rejoice finding \$3.75 gas rather than the \$5/gal we WERE paying (editors note: I am old enough to remember paying 19 cents a gallon for gas-now, THAT is OLD!). And Dollar Tree now sells everything for \$1.25 yet, despite raising their prices by 25%, STILL refusing to buy new signs that identify them as “\$1.25 Tree”. The cost of a new or used car has skyrocketed toward those formerly paid for Mercedes, Land Rovers or Teslas; who pays \$40,000 for a KIA? Darn near everybody! Stamps go up every year, the PA Turnpike rates goes up every year, our Cable rates go up every year, etc. So, why wouldn't the Ugly Mudder join this trend; it TOO is going up-IN DISTANCE!! We've found another ½ mile or so of crappy trail to add to the current course; it eliminates a tricky turn AND gives you even MORE reason to drive to Reading in sub-artic weather to run trails we deem too “ugly” to be in a normal race. The Ugly Mudder course is almost entirely different from our Chilly Cheeks course and about 25% easier than the Cheeks; mostly due to fewer outrageous uphill and technical downhills. But that is not to say that it's EASY! Its new course also contains tons of rocks and roots, downed trees, poor footing, ups & downs and others things you will find in a “rustic” trail run. Yet, it can be finished by ANYONE that does the slightest degree of training. Like all our trail races, it has things like unique aide stations with alternate beverages, a course that even the “dimmet” of us could follow, tons of awards, memorable shirts, a covered finishing area, a cash bar at the finish, etc. Plus, we run it in all kinds of weather; between that and the technical aspects of the trails, it often seems to run “**longer**” than its stated distance. **especially if there is snow on the ground.** AND it has all the “perks” of every PCS event: GREAT aide stations w/alternate beverages, a course that even Helene Keller could follow (if she wasn't dead), hot and cold grub afterwards, a covered finish line area, and a cash bar on site for your post-race hydration. **A race WELL worth the drive to Reading; the Pretzel & Ugly Trail Capital of the World!** **NOTE! YOU ALONE ARE RESPONSIBLE FOR YOUR SAFETY AND WELFARE IN THIS RACE!** Pull a hammy? Crawl to an aide station so we can haul you back via fossil fuel. Get lost? Even the most geographically challenged can follow our trails. Those not welcome include those under 14 that can't run by themselves (unless pre-approved), people that binge watch shitty TV like the Real Housewives of Kensington and runners who try on shoes at a running store and then buy them on the Internet. **YOU CHEAP, NON-SUPPORTIVE BASTARD!**

## **Registration on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) required**

(small service fee applies, closes at midnight on Wed the week of the race. Availability of race day sign up highly probable)

**LOCATION/REGISTRATION:** Reading Liederkrantz German Singing & Sports Club, 140 Spook Lane, Reading, PA. Reg. opens at 8:45 a.m., race at 10. **WITH LONG SLEEVE TECH SHIRT** Fee: \$38 if entered by Sun Feb 11, 2023. Afterwards, \$43 while shirts last; (including raceday), \$38 when gone. **WITH NO SHIRT** Fee: \$33 if entered by Sun Feb 11, 2023. Afterwards, \$38 (including raceday). We race in rain, snow or bitter cold yet on rare occasions, we MUST postpone it. Check our site above after 6 AM the day of the race **ONLY if roads are pretty much impassable (not just a little “sub-par”).** If postponed, it'll be **THE NEXT SUNDAY** same time, same place, better weather. No refunds, mailed shirts or awards, no outside alcohol allowed on site. **Insurance Provided by Road Runner Clubs of America (R.R.C.A.)**

**YOU GET:** Long sleeve tech shirt in sizes S thru 2X with a memorable design and no sponsors on the back, indoor toilets, lots of goodies at the finish line, WELL marked course, plenty of parking, 2 water stops with varied refreshments, finish place posted immediately & results on [www.pretzelcitysports.com](http://www.pretzelcitysports.com) the 1<sup>st</sup> business day after the race, EMS on site. Hot & cold grub and a cash bar at the finish, where you can rehydrate to your heart's content, providing that someone else is driving.

**AWARDS:** 1<sup>st</sup> & 2nd Top M & F plus: 0-39: 6M, 6F 40-49: 5M, 5F 50-59: 5M, 5F 60-69: 5M, 3F 70+: 3M, 2F Clydesdale Awards: Top 3 M & F. Weight Mins: 210 lbs for men, 160 lbs for women.

Questions? Problems? Contact the Ugly Head: Ron Horn, [rhornpcs@aol.com](mailto:rhornpcs@aol.com), 610-779-2668 day or night