



Inaugural Pottstown Polar Run!

New Year's Day

Sunday, January 1, 2023 at 12 Noon

Online Registration: <https://runsignup.com/Race/PA/Pottstown/InauguralPolarRun>

LOCATION: Riverfront Park, 102 College Drive, Pottstown, PA.

AWARDS: First 250 Registered Runners receive Commemorative Finishers Medal & High-Quality, Long-Sleeve Cotton Blend Shirts for All Race Participants

COURSE: This is an out and back 5K course that is run on the Schuylkill River Trail, beginning at Riverfront Park. The race will be timed by Chester County Racing Services.

ENTRY: \$30.00 online by **Thursday, Dec. 22, 2022**. After December 22, 2022, \$35.00 per entry. Shirts and medals while supplies last. Race Day registrations accepted. Bib pick up will be Saturday, December 31st at the Pavilion at Riverfront Park from 11:00 am to 1:00 pm.

RACE-DAY: Race starts at 12:00 PM. Check-In will be open 10:30-11:45 AM Please arrive well before 11:30 AM to allow extra time for parking and check-in, especially if you did not pick up your packet in advance.

Runners and Walkers Welcome! Unfortunately, no pets are permitted.



PLEASE SEE REVERSE SIDE FOR REGISTRATION FORM

IF REGISTERING BY MAIL - PLEASE MAKE CHECKS PAYABLE TO: "Manatawny Athletics."
Mail to: Gary DeRenzo, 1301 Dimity Court, Pottstown, PA 19465. Email: garyderenzo1@gmail.com

_____Print Clearly_____

Last Name: _____ First Name: _____

Address: _____ City: _____ Email: _____

State: _____ Zip: _____ Sex: M F Race day age: _____ Date of Birth ____/____/____

SHIRT SIZE: XS S M L XL XXL

Waiver: I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any or all other risks associated with running or attending the race or Turkey Toss, including but not limited to falls, contact with other participants, the effects of weather and the condition of the course, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on behalf, covenant not to sue, and waive, release and discharge Manatawny Athletic Club, Chester Co. Racing Services, Pottstown Borough, Pottstown Parks & Recreation or any other municipalities in which the event is held, all organizers, officials, and any other organization or individual associated with this event from any or all claims or liability for death, personal injury or property damage of any kind of nature whatsoever foreseen or unforeseen, known or unknown arising out of or in the course of my participation in this event. By entering this race, I am granting permission to the Manatawny Athletic Club to use any pictures or likenesses of me secured at the event in any way they see fit without my review, restriction, or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER!

If under 18, a legal guardian must sign.

Signature _____ Date: _____ / _____ / 2022

Male and Female Age Groups:

Awards for 1st and 2nd Age Groups & Male and Female Overall Winners

13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

RACE SWAG FOR ALL FINISHERS

POTTSTOWN POLAR RUN medals for the first 250 registered finishers!

Long Sleeve Cotton Blend T-Shirt

Timed by Chester County Racing Services.

**Results posted at *runccrs.com*, as well as on our event website and Facebook page
www.manatawnyathletic.com**

Pre-race Packet Pick-up

Advance Packet Pickup will be available on Saturday, December 31st, from 11:00 am to 1:00 pm in the Riverfront Park pavilion. The address is 102 College Drive. We encourage you to pick up your packet in advance so there may be less frustration, confusion, and waiting for everyone involved on race day. You are permitted to pick up other pre-registered runners as long as you bring a copy of their PHOTO ID (a photo of it on your phone is sufficient).

