

Fight Against Colon Cancer 5k Run & 1 Mile Fun Run/Walk

Coplay, PA ** Sat., July 15, 2023 ** 9:00 A.M

LOCATION: Saylor Park, 245 N. 2nd St., Coplay on the Ironton Rail-Trail.

REGISTRATION/NUMBER PICKUP: Opens at 8 a.m., 1 Mile Run/Walk at 8:30 a.m., 5k at 9:00 a.m.

ENTRY: 5k: \$25 if postmarked by Friday., June 16, 2023 incl. guaranteed t-shirt. Afterwards, incl. day of race, \$30 includes T-shirt while supplies last. \$25 when shirts are gone. 1M Fun Run: \$10 if postmarked by June 16th. Afterwards, inc. day of race, \$15. No shirt included for fun run, due to its reduced fee.

5k PERKS: Short sleeve T-shirt for all pre-registrants and post registrants while they last, clock & results board at finish, refreshments, instant results, times posted on internet, course with no traffic on it. 2 free tickets to raffle with a chance to buy more. Held rain or shine. No refunds. No mailed shirts or awards.

5K AWARDS: Separate awards for Top Male and Female Overall plus the following age groups: 0-18: 2M, 2F 19-29: 3M, 3F 30-39: 3M, 3F 40-49: 3M, 3F 50-59: 3M, 3F 60-67: 3M, 3F 68-74: 3M, 3F 75+ : 3M, 3F

Optional Online Registration available at www.pretzelcitysports.com
(Nominal processing fee applies, closes at midnight, the Wed. of race week)

DIRECTIONS: North of Allentown, take Rt 145 North toward Coplay to the traffic light at Sheetz Gas Station, right onto Chestnut St., left onto W. Coplay St., right on Coplay Road, which becomes 2nd St. in Coplay. Trail crossing and parking lot at bottom of hill.

RACE DIRECTOR: Delores Chalmers, 760-716-1170 or email me at deloreschalmers2429@yahoo.com

MAKE CHECK PAYABLE TO "Delores Chalmers"

MAIL CHECK & FORM BELOW TO: Delores Chalmers, 776 Mohawk Street Allentown PA 18103

First Name: _____ Last Name: _____

Street: _____ City: _____ State: _____ Zip: _____

Male: Female: DOB: _____ Age on 7/15/23: _____

Check One: 5K 1M Shirt Size: S M L XL

Email: _____ Phone: _____

Please enter me into The Fight Against Colon Cancer 5K Run & 1 Mile Fun Run/Walk on July 15, 2023. I know that running a trail/road race is a potentially hazardous activity. I should not enter unless I am properly trained. I agree to abide by decisions of race officials relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contacts with other participants, the effects of weather (including high heat and/or humidity), traffic and conditions of the road/trail, all such risks being known and appreciated by me. Having read this waiver and these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive The FACC Organization, their officers and agents, all sponsors, their representatives and successors, including the claims or liabilities of any kind arising out of the participating in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

Signature & Date (Parent/Guardian if Under 18)

_____ Date _____