

# JAMES BIEVER MEMORIAL 5K RUN & 1 MILE FUN RUN/WALK

**Saturday, August 12, 2023, Race start 8:00 a.m. On the Lebanon Valley Rails to Trails!**

**Stay for family fun, games and raffle baskets! Food available for purchase.**

**Location:** Lebanon Area Fairgrounds/Lebanon Rail Trail entrance located at **80 Rocherty Road, Lebanon, PA 17042.**

**Time:** Registration begins at 7:00 a.m. 5K starts at 8:00 a.m. 1-mile Fun Run/Walk begins at 9:30 a.m.

**Course:** Mostly flat, wheel-measured course on shaded trail. Clock at finish, refreshments. Rain or shine, no refunds or mailed awards.

**Awards:** 5k Awards: 1st Overall Male & Female plus top 3 M & F in the following age groups: 14 & Under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ AND Law enforcement 1st place overall M & F

Awards not included in 1-Mile Fun Run/Walk.

**Entry:** 5K - \$25 if postmarked by August 1, 2023,(includes promotional giveaway.) After August 1, including race day, \$30 while giveaway lasts, \$25 when gone.

1-Mile Fun Run/Walk for all ages - \$15 if postmarked by August 1, (includes promotional giveaway.) After August 1, including race day, \$20 while giveaway lasts, \$15 when gone. Kids under 10 walk for free: reg. form must be completed to participate.

Optional Online Registration available at **www.pretzelcitysports.com** (Nominal processing fee applies, closes at midnight, August 9, 2023.)

Race Director: Michelle Bieber, to contact email [bieverpolicefund@gmail.com](mailto:bieverpolicefund@gmail.com). More information can be found at <https://www.jbpca.org/>.

Make Check Payable to: James Bieber Police-Community Alliance  
Mail check and form below to: JBPCA, PO Box 114, Cornwall, PA 17016

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Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Circle one: 5K/1M    Sex: M F    Race day age: \_\_\_\_\_    Date of birth: \_\_/\_\_/\_\_\_\_

Adult shirt size (circle one): S M L XL XXL    Phone: (\_\_\_\_) \_\_\_\_\_

Email (print clearly) \_\_\_\_\_    Law enforcement    Yes No

**WAIVER:** I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk of running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Pretzel City Sports, The James Bieber Police-Community Alliance, any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature whatsoever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. By entering this race, I am granting permission to Pretzel City Sports to use any pictures or likenesses of me secured at the event in any way they see fit without review, restriction or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_ Date \_\_\_\_\_