



Londonderry Township and Local Conservation Partners present the 1st ...

Conewago Darter 5k Run/Walk & Field Day for Clean Water Elizabethtown, Pennsylvania

Sunday, April 2, 2023 10:00 A.M

WHO: Runners, joggers & walkers of all ages and abilities are welcome to participate in the 5k event. Bring your family, friends and co-workers out to support clean water in the Conewago Creek Watershed. The course is stroller and wheelchair accessible.

WHAT: 5k Race and Community Field Day to raise money and awareness for Clean Water Projects in the Conewago Creek Watershed.

WHERE:

5k Race: Park at 2771 N Market Street, Elizabethtown, PA 17022, near the Finish line by 9:25, you will then board a bus to transport to the start line at Old Trolley Line park - 475 Beverly Road, Elizabethtown. You will race your way back to the Finish Line at the Route 230 trailhead, where your cars are parked a short distance away.

WHEN: April 2nd, 2023

9:00 – 9:50 a.m. – Registration at Old Trolley Line Park
 9:30 a.m. – Last Bus leaves Registration Site for Start line.
 10:00 am - 5k Run starts from Old Trolley Line Park
 11:00 a.m. – Award presentation at finish line

Optional Online Registration Available at:

www.pretzelcitysports.com

(Nominal service fee applies.
 Closes at midnight on Wed. 03/29/23)



Entry Fee for 5k: \$27

5k AWARDS: Trophy to Overall Male and Female Champion. Prizes presented to top three (3) Male and three (3) Female finishers in each of the following age brackets: 14 and under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60-69 years, 70+ years. No mailed awards.

QUESTIONS: Monique Dykman, 717-461-0027, or email MDykman@LondonderryPA.org

RESULTS: Finish line and timing service by Pretzel City Sports.
 Race Results will be posted on www.pretzelcitysports.com

Bathrooms available at Start and Finish lines



Mail in Registration

Checks payable to “Londonderry Township MS4” 783 S Geyers Church Road Middletown, PA 17057

Detach and mail. Include \$27. Please do not mail registration form with payment after March 27th due to mail delivery time. Race day registration will be available

Name: _____

Event (circle one): 5k RUNNER

Address: _____

5k only: I plan to ride the provided bus to the start line Yes No

Phone: _____

Gender (circle one): Male Female Age on 4/2/23 _____

Email: _____

Race Fee \$27 Donation to Clean Water Projects \$ _____

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Conewago Darter, Londonderry and Mount Joy Townships, Lancaster County Parks and Recreation and those in their employ, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or humidity; and the condition of the road; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X _____ Date _____ (Parent or guardian's signature if less than 18 years of age.)